

Just A Little Bit (P)

COPPERKNOB
BY STEPHEN BATES

拍數: 32 牆數: 0 級數: Partner
編舞者: Rick Bates (USA) & Deborah Bates (USA)
音樂: Moving On Up - M People



Position: Double Hand Hold Position. Man faces OLOD and Lady faces ILOD. Partners on opposite footwork. Man's steps listed

TOE/HEEL SWIVELS, SYNCOPATED TOE/HEEL SWIVELS

- 1-2 Swivel toes to the right; swivel heels to the right
- 3&4 Swivel toes to the right; swivel heels to the right; swivel toes to the right
- 5-6 Swivel toes to the left; swivel heels to the left
- 7&8 Swivel toes to the left; swivel heels to the left; swivel toes to the center and transfer weight to left foot

TOE TOUCHES, SYNCOPATED STEP-CROSS, MODIFIED MONTEREY TURN, MILITARY PIVOT TO THE RIGHT

- 9-10 Touch right toe to the right; touch right toe next to left
- 11 Touch right toe to the right
- &12 Step right foot next to left; cross left foot over right and step

Release man's right hand from lady's left.

- 13-14 Touch right toe to the right; pivot $\frac{1}{4}$ turn to the right on ball of left foot and step right foot next to left

Partners now in the left open promenade position facing RLOD, holding inside hands (man's left and lady's right)

- 15-16 Step forward on left foot; release inside hands. Pivot $\frac{3}{4}$ turn to the right on ball of left foot and shift weight to right foot

Partners rejoin hands in the double hand hold position. Man faces OLOD and lady faces ILOD

VINE LEFT, CROSS, SIDE STEP, PUSH PIVOT, TRIPLE STEP

- 17-18 Step to the left on left foot; cross right foot behind left and step
- 19-20 Step to the left on left foot; cross right foot over left and step
- 21 Step to the left on left foot

Release man's left hand from lady's right

- 22 Push off on left foot and pivot $\frac{1}{4}$ turn to the left on ball of right foot

Partners now in the right side-by-side position facing LOD, holding inside hands (man's right and lady's left)

- 23&24 Triple step in place (left, right, left)

STEP BACK, PIVOT, MILITARY PIVOT TO THE RIGHT, LUNGE LEFT, TOGETHER, BODY WIGGLE

Release inside hands (man's right and lady's left)

- 25-26 Step back on right foot; pivot $\frac{1}{2}$ turn to the right on ball of right foot and step down onto right foot
- 27-28 Step forward on left foot; pivot a $\frac{3}{4}$ turn to the right on ball of left foot and shift weight to right foot

Partners rejoin hands in the double hand hold position. Man faces OLOD and lady faces ILOD

- 29-30 Take a long step to the left on left foot; step right foot next to left
- 31-32 Shake shoulders and bend knees; continue shaking shoulders and straighten knees

REPEAT