

Just A Dog Sign!

拍數: 32 牆數: 4 級數: Intermediate
編舞者: M.T. Groove (UK)
音樂: Signs (feat. Justin Timberlake) - Snoop Dogg



Start when you hear the words 'Don't think about it'

POINT LEFT & RIGHT, & WALK LEFT, RIGHT, ½ TURN TOUCH, STEP ½ TURN CROSS

- 1&2 Point left to left side, step left next to right, point right to right side
&3-4 Step right next to left, walk forward left, right
5&6 Make a ½ turn right step back left, step right next to left, touch left toe forward
7&8& Step on left, make ½ turn left step back on right, step left back, cross right over left

BACK BACK, STEP TOUCH, STEP BACK & ¼ CROSS, HOLD, ¼ TURN TWICE

- 1-2 Step left back, step right back (feet are slightly apart)
3-4 Step forward left, touch right toe forward as you lean back
5&6 Step right foot back, make ¼ turn left step left to left side, cross right over left
7&8 Hold, make ¼ turn right as you step back on left, make ¼ turn right step right to right side -
keep weight on left foot ready for next step

HOLD STEP TOUCH TWICE, STEP HITCH, BEHIND ¼ SIDE CROSS

- 1&2 Hold, step right to right diagonal, touch left next to right
3&4 Hold, step left to left diagonal, touch right next to left
5-6 Step forward right, hitch left knee
7&8 Step back on left, make ¼ turn right step right to right side, cross left over right

& TAP PRESS, RECOVER STEP TOUCH, REVERSE ½ TURN, KNEE ROLLS ¼ TURN

- &1-2 Tap right next to left, press on right toe to right diagonal, recover weight left
&3-4 Step back on right, touch left toe slightly back as you drop body down slightly bending knees,
make a reverse ½ turn to your left, take weight onto left, this can be a body roll if you wish
5-6 Knees rolls stepping right, left
7&8 Roll your right knee to the right twice making ¼ turn right, weight is now on right

REPEAT
