

Jus' Being Me

COPPERKNOB
BY STEPHEN BRETZ

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Barry Amato (USA)
音樂: Who Wouldn't Wanna Be Me - Keith Urban



STEP, CROSS, ELVIS KNEES, QUICK STEP, HOLD, BALL CHANGE, CROSS

- 1-2 Step to the left on left foot, cross right foot over left
- 3 As you step into the ball of the left foot, press ball of foot in toward right foot and bend left knee
- 4 Transfer weight to left foot as you press ball of right foot in toward left foot and bend right knee
- &5 Step onto right foot, cross left foot over right foot
- 6 Hold
- &7-8 Step out to the right on the ball of the right foot, change weight to left foot in place, cross right foot over left foot

STEP LEFT, PLATFORM SPIN, STEP, TOUCH FOOT FORWARD, PRESS LINE ON BALL OF FOOT WITH SHOULDER CONTRACTION, STEP FORWARD, TURN/HOOK

- 1 Step to the left on the left foot
- 2 Platform spin by turning a $\frac{3}{4}$ turn, right, on the ball of the left foot, while keeping right foot hooked in front of left leg
- 3-4 Step slightly forward on the right foot, touch left foot forward with leg straight (no bend in the knee)
- 5 Place hands on the outside of both legs as you press forward on the ball of the left foot, bending left knee, while doing this, pull both shoulders/elbows back slightly
- 6 Step down on the left foot
- 7-8 Step forward on the right foot, pivot a half turn left on ball of right foot and hook left foot in front of right leg

"OFF TO SEE THE WIZARD" STEP, FULL TURN FORWARD TOWARD THE LEFT ON BALL OF RIGHT FOOT, SHUFFLE FORWARD, GIANT STEP FORWARD, STEP TOGETHER

- 1-2 Step diagonally to the left on the left foot (or left heel), step right foot behind the left
 - &-3 Step slightly to the left on the left foot, step diagonally to the right on the right foot
- Counts 1-3 should be the same as the "We're off to see the Wizard" step
- 4 Full turn on the ball of the right foot while turning forward toward the left
 - 5&6 Shuffle forward left-right-left
 - 7-8 Take a giant step forward on right foot, step together with left foot

SHUFFLE BACK ON DIAGONAL RIGHT, SHUFFLE BACK ON DIAGONAL LEFT, FULL TURN AND HALF FORWARD TOWARD THE RIGHT, SHUFFLE FORWARD

- 1&2 On a diagonal to the right shuffle back stepping right-left-right
- 3&4 On a diagonal to the left shuffle back stepping left-right-left
- 5-6 Begin a full turn and a half by stepping back behind you a half turn on the right foot, continue to half turn right by stepping on the left foot next to the right foot
- 7&8 Complete turn by pivoting around another half turn to the right on the ball of the left foot then shuffle forward right-left-right

REPEAT

TAG

After the fourth wall

- 1-4 Step left, touch right next to left, step right, touch left next to the right
- 5-8 Step left, touch right next to left, step right, touch left next to the right

