

Jumping Jack

拍數: 40 牆數: 2 級數: Improver
編舞者: Pete & Paula
音樂: Let's Give Thanks - Dave Sheriff



RIGHT DIAGONAL STEP TOUCHES AND HEEL HOOK COMBINATION

- 1 Step diagonally forward right
- 2 Touch left beside right
- 3 Left heel dig
- 4 Left heel hook
- 5 Left heel dig
- 6 Touch left beside right
- 7 Step back left, turning back to face front
- 8 Touch right beside left

LEFT DIAGONAL STEP TOUCHES AND HEEL HOOK COMBINATION

- 9 Step diagonally forward left
- 10 Touch right beside left
- 11 Right heel dig
- 12 Right heel hook
- 13 Right heel dig
- 14 Touch right beside left
- 15 Step back right, turning back to face front
- 16 Touch left beside right

JUMPING JACKS WITH SCISSORS ½ TURN

- 17 Jump landing with feet apart
- 18 Jump in place leaving feet apart
- 19 Jump landing with feet together
- 20 Jump in place leaving feet together
- 21 Jump landing with feet apart
- 22 Making ¼ turn right, jump landing with left crossed in front of right
- 23 Making ¼ turn right, jump landing with feet apart
- 24 Jump landing with feet together

FORWARD STEP TOUCHES

- 25 Step forward right
- 26 Touch left beside right
- 27 Step forward left
- 28 Touch right beside left
- 29 Step forward right
- 30 Touch left beside right
- 31 Step forward left
- 32 Touch right beside left

WALK BACK WITH TOUCH

- 33 Step back right
- 34 Step back left
- 35 Step back right
- 36 Touch left beside right

HIP BUMPS & CLAPS

37 Bump hips to right

38 Bump hips to left

39 Clap

40 Clap

REPEAT
