Jump In The Saddle

拍數: 52

級數: Intermediate

編舞者: John Robinson (USA)

音樂: Play That Fast Thing (One More Time) - Jump 'N' The Saddle

SUGAR FOOTS: SLOW TOE-HEEL SWIVEL, FAST TOE-HEEL SWIVELS WITH KICK, RIGHT CROSS, LEFT BACK, & LEFT CROSSING TRIPLE

- 1-2 Touch right toe across left with heel turned out, touch right heel across left with toe turned out 3&4& Touch right toe across left with heel turned out, touch right heel across left with toe turned
 - out, touch right toe across left with heel turned out, kick right with toe turned out right
- 5-6& Step right across left, step left back, step ball of right foot back
- 7&8 Step left across right, step ball of right foot slightly side right, step left across right

SUGAR FOOTS: SLOW TOE-HEEL SWIVEL, FAST TOE-HEEL SWIVELS WITH KICK, RIGHT CROSS, LEFT BACK, & LEFT CROSSING TRIPLE

- 1-2 Touch right toe across left with heel turned out, touch right heel across left with toe turned out
 3&4& Touch right toe across left with heel turned out, touch right heel across left with toe turned
- 5-6& out, touch right toe across left with heel turned out, kick right with toe turned out 5-6& Step right across left, step left back, step ball of right foot back
- 7&8 Step left across right, step ball of right foot slightly side right, step left across right

SLOW ¼ TURN LEFT, RIGHT LOCKING TRIPLE, LEFT ROCKING CHAIR TURNING ¼ LEFT, LEFT STEP DIAGONALLY LEFT, RIGHT SLIDE

- 1-2 Step right to side, turn ¼ left (weight to left, 9:00)
- 3&4 Step right forward, lock left behind right, step right forward
- 5&6& Rock ball of left foot forward, recover to right, step ball of left foot back, turn ¼ left and step right to side (12:00)
- 7-8 Large step left forward diagonally left (to 4:30), slide right next to left keeping weight on left **Square up to 6:00**

RIGHT ROCKING CHAIR & RIGHT BRUSH-BALL-TOUCH, LEFT FORWARD ROCK-RIGHT TAP-STEP, LEFT TRIPLE TURNING ¾ LEFT

- 1&2& Rock ball of right foot forward, recover to left, rock ball of right foot back, recover to left
- 3&4 Brush ball of right foot forward, step right slightly forward, touch left next to right
- 5&6 Rock ball of left foot forward, touch right behind left, step right back
- 7&8 Turn ½ left and step left forward (12:00), step right together, turn ¼ left and step left forward (9:00)

"V" STEP, RIGHT TOUCH OUT-IN, TURN ¼ RIGHT KICK TOGETHER, LEFT SIDE MAMBO

- 1-2 Step right forward and slightly side, step left forward and slightly side
- 3-4 Step right back and in to center, step left next to right
- 5&6& Touch right to side, touch right next to left, turn ¼ right and kick right forward, step right next to left (12:00)
- 7&8 Rock ball of left foot to side, recover to right, step left next to right

RIGHT TOUCH OUT-IN, TURN $^{\prime\prime}_{4}$ RIGHT KICK TOGETHER, LEFT SIDE MAMBO, RIGHT STEP FORWARD, LEFT KICK, SYNCOPATED JUMP BACK, START HEEL TURN $^{\prime\prime}_{2}$ RIGHT

- 1&2&Touch right to side, touch right next to left, turn ¼ right and kick right forward, step right next
to left (3:00)
- 3&4 Rock ball of left foot to side, recover to right, step left next to right
- 5-6 Step right diagonally forward (to 4:30), kick left forward

Maintaining diagonal

&7-8 Jump left back, jump right back next to left





牆數:4

Raise toes off floor and start turning half right on heels

FINISH HEEL TURN ½ RIGHT, HOLD

1-2 Turn $\frac{1}{2}$ right (to 10:30) ending with weight on left

3-4 Hold position for 2 counts

Or wiggle, or do shoulder shrugs. Square up to 9:00 to start again

REPEAT

RESTART Restart after count 40 on wall 2 Restart after count 32 on walls 4 & 7 Restart after count 36 on wall 5

ENDING

Dance counts 1-8, then do a slow 1/4 turn to the front