

Jump In The Line

拍數: 112 牆數: 1 級數: Improver line/contra dance
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音樂: Jump In The Line (Radio Edit) - Sir



2X DO SI DO

- 1 Right foot step forward
- 2 Left foot step forward
- 3 Right foot step forward
- 4 Left foot step forward
- 5 Right foot step back
- 6 Left foot step back
- 7 Right foot step back
- 8 Left foot step back
- 9-16 Repeat 1-8

2X V STEP, PADDLES TURN

- 17 Right foot step diagonally forward
- 18 Left foot step diagonally forward
- 19 Right foot step back
- 20 Left foot close
- 21 Right foot point forward (pushing)
- & Left foot ¼ turn left
- 22 Right foot point forward (pushing)
- & Left foot ¼ turn left
- 23 Right foot point forward (pushing)
- & Left foot ¼ turn left
- 24 Right foot point forward (pushing)
- & Left foot ¼ turn left
- 25-32 Repeat 17-24

4X THREE STEP TURN, CLAP

- 33 ¼ turn right, right foot step forward
- 34 ½ turn right, left foot step back
- 35 ¼ turn right, right foot step to the side
- 36 Left foot touch next to right foot, clap
- 37 ¼ turn left, left foot step forward
- 38 ½ turn left, right foot step back
- 39 ¼ turn left, left foot step to the side
- 40 Left foot touch next to right foot, clap
- 41-48 Repeat 33-40

4X JUMP FORWARD, JUMP BACK, SIDE ROCKS

- & Right foot jump forward
- 49 Left foot jump forward (feet separated)
- 50 Hold
- & Right foot jump back
- 51 Left foot jump back (feet separated)
- 52 Hold
- 53 ¼ turn left, right foot rock to the side
- & Left foot recover

54 Right foot close
55 Left foot rock to the side
& Right foot recover
56 Left foot close
&57-64 Repeat &49-56
&65-72 Repeat &49-56
&73-80 Repeat &49-56

PARTY: POLONAISE

81 ¼ turn right, right foot step forward
82 Left foot step forward
83 Right foot step forward
84 Left foot step forward
85 Right foot step forward
86 Left foot step forward
87 Right foot step forward, ½ turn left
88 Left foot step forward

89 Right foot step forward
90 Left foot step forward
91 Right foot step forward
92 Left foot step forward
93 Right foot step forward
94 Left foot step forward
95 Right foot step forward, ½ turn left
96 Left foot step forward

97-104 Repeat 89-96
105-112 Repeat 89-96, on count 112 turn ¼ turn right

REPEAT

If dancing it as a contra dance, on steps 1-4 passing your partner on the right, 5-8 passing partner on the left side, on 36-40, clap new partner hands

TAG

On 3rd repetition after 8, 16 and 24, you will have 4 counts extra. Wave your hands left, right, left, right for 4 counts
