

Jump

拍數: 48 牆數: 4 級數: Improver
編舞者: Glennys Croston (UK)
音樂: Jump - Madonna



SIDE TOGETHER, SIDE TOGETHER, SIDE CROSS, ROCK RECOVER, SIDE TOGETHER SIDE

1-2 Step right to side, bring left to right
3&4 Step right to side, bring left to right, step right to side
5-6 Cross rock left over right, recover on left
7&8 Step left to side, bring right to left, step left to side

WEAVE LEFT, CROSS, ROCK RECOVER, ¼ TURN SHUFFLE

9-12 Cross right over left, step left to side, step right behind left, step to side
13-14 Cross rock right over left, recover on left
15&16 Make ¼ turn right and shuffle forward on (right, left, right)

ROCK RECOVER, CROSS SHUFFLE, ROCK RECOVER, CROSS SHUFFLE

17-18 Rock to side on left, recover on right
19&20 Cross left over right, step left to side, cross left over right
21-22 Rock to side on right, recover on left
23&24 Cross right over left, step left to side, cross right over left

STEP ¼ TURN RIGHT TWICE JAZZ BOX

25-26 Step forward on left, make ¼ turn right
27-28 Step forward on left, make ¼ turn right
29-30 Cross left over right, step back on right
31-32 Step left to side, touch right toe to left instep

33-34 Step forward on right, touch left toe behind right heel
35-36 Step back on left, hook right foot across left ankle
37-38 Step forward on right, lock left behind right
39-40 Step forward on right, scuff left forward

41-42 Rock forward on left, recover on right
43&44 Make ½ triple turn left (left, right, left)
45-46 Point right to side, cross right over left
47-48 Point left to side, cross left over right

45-48 steps move slightly forward

REPEAT
