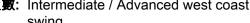
&8



拍數: 48 牆數: 4 級數: Intermediate / Advanced west coast

編舞者: Michele Perron (CAN) 音樂: Juicy - Better Than Ezra





Sequence: 48, 48, 16, 48, plus 8 count insert, 48, 48, 48, 16, 16, 16, begin last rotation						
WALK, WALK, TURN/SIDE-ACROSS-TURN/BACK; SIDE, DRAG, SIDE, DRAG, STEP						
1-2	Right step forward; left step forward					
3&4	Right triple with ½ turn left (execute ¼ turn left with right step side right, left step across front of right execute ¼ turn left, right step back) (6:00)					
5-6	Left (large) step side left; right slide toward left and touch beside left					
7-8	Right (large) step side right; left slide toward right and touch beside right					
&	Left step beside right					
WALK, WALK, TURN/SIDE-ACROSS-TURN/BACK; FORWARD, DRAG, BACK, DRAG						
1-2	Right step forward; left step forward					
3&4	Right triple with ¾ turn left (¼ turn left with right step side right, left step across front of right, ½ turn left with right step back) (9:00)					
5-6	Left (large) step forward; right slide forward to left and touch beside left					
7-8	Right (large) step back; left slide back to right and touch beside right					
TRIPLE FORWARD, ROCK-&-TURN, TOUCH-TURN-TOUCH, TURN/SIDE-TOGETHER-SIDE						
1&2	Left triple forward (left step forward, right lock/step forward & crossed behind left, left step forward)					
3&4	Right rock/step forward, left recover/step back, execute ½ turn right with right step forward (3:00)					
5&6	Left touch forward; execute ½ turn right on right step forward; left touch forward (9:00)					
7&8	Execute 1/4 turn left with left step side left, right step beside left, left step side left (6:00)					
KICK-STEP-ACROSS, SIDE/ROCK-RECOVER-BEHIND-TURN/FORWARD: REPEAT						
1&2	Right kick forward, right step behind left heel, left step across front of right					
&3	Right rock/step side right; left recover/step left side					
&-4	Right step crossed behind left; execute ¼ turn left with left step forward (3:00)					
5&6	Right kick forward, right step behind left heel, left step across front of right					
&7	Right rock/step side right; left recover/step left side					

"JUICY" TRIPLE FORWARD; SCUFF-HITCH-BACK, 'FUNKY' KNEE: IN-OUT-IN-OUT-IN, TURN

Right step crossed behind left; execute ¼ turn left with left step forward (12:00)

1&2	Right triple forward (right step forward, left lock/step forward & crossed behind right, right step forward)			
3	Left scuff forward			
&	Left hitch knee up			
4	Left (large) step back (into 'sit' position)			
5	Press right toe/ball forward & twist right knee in (to the left)			
&	Right knee out (to the right)			
6	Right knee in (to the left)			
&	Right knee out (to the right)			
7	Right knee in (to the left)			
8	Execute ¼ turn left (weight on right, right knee remains in, left leg is straight) (9:00)			
Right knee is bent on counts 4,5,6,7,8. Weight remains on left for counts 4,5,6,7				

"JUICY" SIDE, BEHIND-SIDE-SIDE-BEHIND-TURN-SIDE; TURN/BUMP-&-BUMP, BUMP & BUMP

1	l eft sten	side left (nress	off right toe/hall	shift weight to left)

2 Right step crossed behind left

& Left rock/step side left3 Right recover/step side

& Left step crossed behind right

4 Execute ¼ turn left and right rock/step side right (6:00)

& Left recover/step side left

5 Execute ¼ turn left with right step side right with hip bump (3:00)

&6 Bump hips to center, to right
7 Left step side left & hip bump
&8 Bump hips to center, to left

REPEAT

TAG

After Second Rotation: "Extra Juice" Repeat Sections V & VI (16 Counts)

During Third Rotation: "Extra Juice" Bridge between Sec.V & VI: Shift weight side LEFT on '&' Count, after

Count 8 of Sec.V and repeat Sec.V (8 Counts)
Fourth & Fifth Rotations: 48 Counts each

After Sixth Rotation: "Extra Juice" Repeat Sections V & VI three times (16 Counts 3 times), then begin dance

Dance will end facing front wall, after LEFT Triple forward of Sec.III. Strike a pose with a RIGHT Lunge

forward