Judgment Day



編舞者: Pete Selwood (UK) 音樂: All Rise - Blue



Sequence: AAB, Bridge, AAB, CBBB

PART A

WEAVE RIGHT, ROCK. KICKBALL CROSS

1-2 Step right foot out right, step left behind right

&3-4 Step right beside left, cross left over right, step right out to right

5-6 Rock left behind right, recover on right

7&8 Kick left foot forward, replace, cross over right foot over left

WEAVE LEFT, ROCK, KICKBALL CROSS

9-10 Step left foot out to left, step right behind left

&11-12 Step left beside right, cross right over left, step left out to left

13-14 Rock right behind left, recover on left foot

15&16 Kick right foot forward, replace, cross left over right

SHUFFLE, ROCK, 1/2 LEFT TURN, HIP BUMPS

17&18 Step forward on right, step left beside right, step forward on right

19-20 Rock forward on left, recover on right

21-22 Step left toe back, pivot ½ turn over left shoulder, stepping onto left foot - dipping body down

and up through turn

Step right foot diagonally right, bumping hips right, left, right

SHUFFLE, ROCK, 1/2 RIGHT TURN, HIP BUMPS

25&26 Step forward on left, step right beside left, step forward on left

27-28 Rock forward on right, recover on left

29-30 Step right toe back, pivot ½ turn over right shoulder stepping onto right foot - dipping body

down and up through turn

31&32 Step left foot diagonally left, bumping hips left, right, left

PART B

HEEL JACKS RIGHT & LEFT

1-2	Step right foot out to right, step left behind right
&3	Step right beside left, touch left heel forward
&4	Step left foot beside right, step forward on right
5&6	Step left foot out to left, step right behing left
&7	Step left foot beside right, touch right heel forward
&8	Step right foot beside left, step left foot forward

STOMP, HEEL TAPS, ½ TURN LEFT

9 Stomp right foot forward - push hands down, palms facing down

10-11-12 Tap right heel down three times over three beats - while turning palms upward and rising

arms to head height over 3 beats

On right foot pivot ½ turn over left shoulder stomping on to left foot - pushing hands down

again with palms facing down

14-15-16 Tap left heel down three times over 3 beats - while turning palms upward and raising arms to

head height over 3 beats

RIGHT AND LEFT SAILOR STEPS, STOMP, SWIVELS

17&18 Cross right foot behind left, step left beside right, step right forward
19&20 Cross left foot behind right, step right beside left, step left forward

21 Stomp right foot beside left foot

Swiveling on both feet, turn body ¼turn right, ½ turn leftand ¼ turn right - while pointing right

finger to the right on right turn, left finger to the left on left turn, and right finger forward on

right turn. (as if pointing to people in the court)

STOMPS, HEEL TAPS, 1/2 RIGHT TURN

25-32 Repeat steps 9-16

PART C

1/4 RIGHT TURN, TOE STRUTS X4

1-2 Turn ¼ right stepping onto right toe, drop right heel

3-4 Step forward onto left toe, drop heel

5-6 Pivot ¼ right on left foot stepping onto right toe, drop right heel

7-8 Step forward on left toe, drop left heel

9-16 Repeat steps 1-8

SIDE STEPS, TOUCH 1/2 TURN TWICE (SWING ARMS WITH EACH STEP)

17 Stei	p right foot out to ri	aht - while looking	to the left and	pointing, both arn	ns out to the left

18 Step left beside right - looking to the front and crossing both arms across chest

19 Touch right toe out to the right - looking to the right

20 Pivot ½ turn over right shoulder stepping right foot beside left - still looking right with arms

crossed on chest

21 Step left foot out to left - looking to the right and pointing both arms out to the right

22 Step right foot beside left - looking to the front and crossing both arms across chest

23 Touch left toe out to left - looking left

24 Pivot ½ turn over left shoulder stepping left beside right - still looking left with arms crossed

on chest

TOE STRUTS GOING BACK

25-26	Touch right toe back, drop h	eel taking weight - as you step	back start swinging arms in
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walking positions and look to the front

27-28 Touch left toe back, drop left heel 29-30 Touch right toe back, drop right heel 31-32 Touch left toe back, drop left heel

BRIDGE

Danced at end of 1st B section

ROCKS TWICE, ½ TURN WITH HEEL BUMPS

4 0		1 6 1 .		
1-2	Rock forward on right foot,	recover on left - nuching	hands torward	anina torward

& Step right beside left

3-4 Rock forward on left foot, recover on right - pushing hands forward and going forward

& Step left beside right

5 Step right foot slightly forward - palms facing the floor

6-7-8 On both feet pivot ½ turn over left shoulder over three beats bumping heels on each beat