

J.T. Jacks

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 0 級數:
編舞者: Jillian Tosky
音樂: No One Needs to Know - Shania Twain



STEP-TOUCHES & CLAPS

1-2 Step forward on left, touch right beside left & clap
3-4 Step back on right, touch left beside right & clap

LEFT VINE & CLAP

5-8 Step side left, step right behind left, step side left, touch right beside left & clap

STEP SIDE, STEP ACROSS, HOLD, BALL-CHANGE

9-10 Step side right on right, step left over right (weight on left)
11 Hold position for one beat
&12 Ball change: little rock back on ball of right, little rock forward on ball of left (weight on left)

RIGHT VINE WITH ¼ TURN

13-16 Step side right, step left behind right, step ¼ turn right on right foot, touch left beside right foot

KICK FORWARD, KICK TO THE SIDE, SHUFFLE BACK

17-18 Kick the left foot forward, kick the left foot to the side
19&20 Shuffle backwards-crossing left behind right on first shuffle step: left-right-left
21-22 Kick the right foot forward, kick the right foot to the side
23&24 Shuffle backwards-crossing right behind left on first shuffle step: right-left-right

BREAK-STEP; STEP BACK, STEP TOGETHER, STEP FORWARD

Think of steps 26-28 as a full-beat coaster-step

& Step forward on left heel (left toes are raised off the ground, weight on left)
25 Step right heel beside left (right toes are raised off the ground, weight on both)
26-28 Step back on left, step right beside left, step forward on left (weight on left)

TOUCH TOE IN, TOUCH HEEL IN, SHUFFLE IN PLACE

29-30 Touch right toe into left instep, touch right heel into left instep
31&32 Shuffle in place: right-left-right

REPEAT
