

Joleeeene

拍數: 0 牆數: 2 級數: Intermediate
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音樂: Jolene - Sherrié Austin



Sequence: AA BB AA B AA B (to count 24) AA B (to count 24)

PART A

MONTEREYS, LUNGE LEFT, DRAG RIGHT IN

- 1-2 Touch right toe to right side, on ball of left $\frac{1}{4}$ turn over right stepping right beside left
- 3-4 Touch left toe to left side, on ball of right $\frac{1}{4}$ turn over left stepping left beside right
- 5-6 Touch right toe to right side, on ball of left $\frac{1}{4}$ turn over right stepping right beside left
- 7-10 Lunge left to left side, slide right to left slowly over 3 counts

RIGHT SAILOR STEP, CROSS BEHIND UNWIND $\frac{1}{2}$ OVER LEFT, KICKS, COASTER STEP

- 11&12 Cross right behind left, step left to side, step right foot to right side
- 13-14 Cross left foot behind right, unwind $\frac{1}{2}$ turn over left
- 15-16 Kick right foot forward, kick right foot to right diagonal
- 17&18 Step back on right, step left beside right, step forward on right

KICKS, COASTER STEP

- 19-20 Kick left foot forward, kick left foot to left diagonal
- 21-24 Step back on left. Step right beside left, step forward on left

PART B

HIP BUMPS (GOT TO BE FUNKY), ROCK, RECOVER, $\frac{1}{2}$ TURN RIGHT SHUFFLE

- 1&2 Lift right leg bumping hips forward, bump hips back, bump hips forward stepping on right
- 3&4 Lift left leg bumping hips forward, bump hips back, bump hips forward stepping on left
- 5-6-7&8 Rock forward on right, recover on left, $\frac{1}{2}$ turn over right stepping right, left, right

LEFT RONDE FORWARD, RIGHT RONDE FORWARD, TOE STRUTS BACK

- 9-12 Sweep left toe round stepping front, sweep right toe round stepping front (both over 2 counts)
- 13-16 Step left toe back, snap heel to floor, step right toe back, snap heel to floor

CROSS UNWIND $\frac{1}{2}$, TAPS TO SIDE, DRAG LEFT IN, HIP CIRCLES

- 17-18 Cross left behind right, unwind $\frac{1}{2}$ turn over left shoulder
- 19-20 Tap right slightly to right side, tap again slightly to right, step right to right side
- 21-24 Drag left to right over 2 counts, roll hips anti to the right twice sexily over 2 counts

TOE STRUT, $\frac{1}{4}$ TURN SAILOR, TOE STRUT, $\frac{1}{4}$ TURN SAILOR

- 25-26 Step right toe slightly to right, snap heel to floor
- 27&28 Step left behind right turning $\frac{1}{4}$ left, step right to side, step left to side
- 29-30 Step right toe slightly to right, snap heel to floor
- 31&32 Step left behind right turning $\frac{1}{4}$ left, step right to side, step left to side

RIGHT SHUFFLE $\frac{1}{2}$ TURN OVER LEFT, LEFT COASTER STEP

- 35&36 $\frac{1}{2}$ turn over left stepping right, left, right
- 37&38 Step back on left, step right beside left, step forward on left

REPEAT