# Joe Speed



拍數: 32 牆數: 4 級數: Improver

編舞者: William Sevone (UK)

音樂: Old Black Joe - Van Morrison And Linda Gail Lewis



### 4X HIP BUMPS WITH EXPRESSION, 2X SAILOR STEPS

1-2	Bump hips and swing arms to right, bump hips and swing arms to left
3-4	Bump hips and swing arms to right, bump hips and swing arms to left

Cross step left foot behind right, step right foot to right side, step left foot in place
Cross step right foot behind left, step left foot to left side, step right foot in place

# 4X FORWARD CROSS SCUFFS WITH EXPRESSION

9-10	Scuff left foot forward across right, step left foot to floor & clap hands to left side of head
11-12	Scuff right foot forward across left, step right foot to floor & clap hands to right side of head
13-14	Scuff left foot forward across right, step left foot to floor & clap hands to left side of head
15-16	Scuff right foot forward across left, step right foot to floor & clap hands to right side of head

## ROCK, ½ RIGHT, ¼ RIGHT CHASSE LEFT, ¾ RIGHT, HEEL PRICK, ¼ LEFT, SIDE STEP

17 10	Rock onto left foot, turn ½ right & step forward onto right foot
17-18	Rock outo left toot, tillin % tight & step totward outo tight toot
17 10	1 NOON OFFICE FORE TOOK WATER OFFICE FIGURE TOOK

Turn ¼ right & step left foot to left side, step right foot next to left, step left foot to left side

21-22 Turn ¾ right & step forward onto right foot, stamp up left heel forward

# On count 22, 'dig' left heel forward then 'hitch' backward - similar to a 'pin' prick' 23-24 (With left knee still hitched) turn 1/4 left, step left foot to left side

# 4X CROSSING TOE HEEL STRUTS WITH EXPRESSION

## On the following eight counts the hand's are raised to either side of the head

25.26	Cross stop right too over left foot, drop right hool to floor & click fingers	
25-26	Cross step right toe over left foot, drop right heel to floor & click fingers.	

27-28 Step left toe to left side, drop left heel to floor & click fingers

29-30 Cross step right toe over left foot, drop right heel to floor & click fingers,

31-32 Step left toe to left side, drop left heel to floor & click fingers

#### REPEAT

After the 7th wall the phrasing goes out slightly. Don't panic. Just carry on dancing as normal

#### **DANCE FINISH**

## On the 14th wall dance up to and including count 24 (6:00) then do the following

25-26 Cross step right foot over left, unwind ½ left with right hand on hat brim