Joe Knows (P)



編舞者: Bill Gallagher (UK)

音樂: Joe Knows How To Live - Darren Busby



Position: Sweetheart position Facing LOD on opposite feet throughout, man's steps listed

STEP LOCK STEP, SHUFFLE TWICE

1-2 Step forward on left, lock right behind left

3&4 Left shuffle forward

5-6 Step forward on right, lock left behind right

7&8 Right shuffle forward

GRAPEVINE LEFT & RIGHT, WITH A TOUCH

Release right hands, pick up inside hands & keep hold on vines

1-2 Step left to left, step right behind left
3-4 Step left to left, touch right next to left
5-6 Step right to right, step left behind right
7-8 Step right to right, touch left next to right

Lady will do a rolling grapevine left and touch right next to left, into sweetheart

PIVOT ½ TURN, SHUFFLE TWICE

Release left hands and raise right

1-2 Step forward on left, pivot ½ turn right

3&4 Left shuffle forward

5-6 Step forward on right, pivot ½ turn left

7&8 Right shuffle forward

SHUFFLE TWICE, FULL TURN RIGHT TRAVELING FORWARD

1&2 Left shuffle forward
3&4 Right shuffle forward
Releasing hands before the turn

5-8 Step left-right-left-right, roll forward one full turn right

SHUFFLE TWICE, WALK FORWARD X 4

1&2 Left shuffle forward3&4 Right shuffle forward

5-8 Walk forward left-right-left-right

Back into Sweetheart on last step forward

REPEAT