

J.M. Vertigo

COPPERKNOB
STEPSHETS

拍數: 32 牆數: 2 級數: Intermediate/Advanced
編舞者: Jerry Siebe (USA) & Michele Derosa (USA)
音樂: Ain't No Sunshine - Lighthouse Family



DOUBLE TIME ROCK STEPS LUNGE

1& Step left across right to 1:30 recover to right 12:00
2& Step left back to 7:30 recover to right 12:00
3& Step left across right to 1:30 recover to right 12:00
4 Step left to 9:00 drag right to left weight on left
5& Step right across left to 10:30 recover to left 12:00
6& Step right back to 4:30 recover to left 12:00
7& Step right across left to 10:30 recover to left 12:00
8 Step right to 3:00 drag left to right weight on right

TURNING 1 ¼ TURN ½ PIVOT FULL TURN REVERSE FULL TURN

1&2 Cross left over right turning to 3:00 step right together turning ½ turn step left forward to 3:00 turning ½ turn facing 3:00
3&4 Step right forward to 3:00 bring left to right turning ½ facing 9:00 step right to 9:00
5&6 Step left to 9:00 turning ¼ turn step right to 9:00 doing ¾ turn step to 9:00 with left
7&8 Step right to 9:00 turning ¼ turn step left to 9:00 doing ¾ turn step to 9:00 with right

KICK STEP TOGETHER KICK STEP TOGETHER ¾ TURN MAMBO TOUCH

1&2 Kick left to 11:00 step left to 6:00 bring right to left
3&4 Kick left to 11:00 step left to 6:00 bring right to left
5&6 Step left across right to 12:00 ¼ turn step right in place ½ turn facing 6:00 step left to 6:00
7&8 Step right to 9:00 step left in place touch right to left

BEHIND SIDE IN FRONT STEP RONDA LUNG BACK CENTER STEP

1&2 Cross right behind left step left to 3:00 cross right over left
3&4 Step left to 3:00 ¼ turn sweep right continuing rotation ¾ to face 6:00
5-6 Step right to 9:00 drag left to right ending with weight on left
7&8 Step right to 1:30 step left in place step together with right

REPEAT

TAG

On the third wall, do the dance the same but when you come to the turns you do the first 3 the same and on the last turn over rotate ¼ to face 6:00 then do a mambo left and a mambo right. Start again.