

Jive 55

拍數: 48 牆數: 4 級數: Beginner east coast swing
編舞者: Peter Blaskowski (USA) & Beth Webb (USA)
音樂: Had to Quit Drinking - Larry Garner



For some nice slow practice music, try "I Can't Drive 55" by Sammy Haggard. The phrasing isn't perfect, but it keeps moving along nicely

KICK, KICK, TURNING SAILOR, KICK, KICK, SAILOR (3:00)

- 1-2 Kick right foot forward, kick right foot to right diagonal, beginning ¼ turn right
3&4 Sailor step (step right foot behind left, step left foot to side, step right foot to side), completing ¼ turn right (3:00)
5-6 Kick left foot forward, kick left foot to left diagonal
7&8 Sailor step (step left foot behind right, step right foot to side, step left foot to side)

SIDE TOUCHES, COASTER

- 1-2& Touch right foot to right side, hold, step right foot together
3-4 Touch left foot to left side, hold
5-8 Step left foot back, step right foot together, step left foot forward, hold

TOE HEEL SWIVELS WITH ALTERNATE TIMING

- 1-4 Touch right toe together with toe turned in, touch right heel side with toe turned out, step right foot in front of left, hold
5-8 Touch left toe together with toe turned in, touch left heel side with toe turned out, step left foot in front of right, hold

SUZY Q

- 1-2 Step onto right heel in front of left foot, step left foot to the side left
3-8 Repeat 1-2 three more times

CLOSED JAZZ BOX TO SIDE CHASSÉ, ROCK-STEP

- 1-2 Step right foot in front of left, step left foot back
3-4 Step right foot to side right, step left foot together
5&6 Step right foot to side, step left foot together, step right foot to side
7-8 Rock left foot back, recover weight onto right foot

SWIVEL LEFT, SWIVEL RIGHT, 3 SWIVELS CURVING LEFT

- 1-2 Swivel right foot ¼ left and step left foot forward (12:00), hold
3-4 Swivel left foot ¼ right and step right foot forward (3:00), hold
5-8 Left foot swivel step curving left, right foot swivel step curving left, left foot swivel step curving left, hold

The total amount of curve on counts 5-6-7 is ½, ending facing 9:00 wall

REPEAT