

Jitterbuggin' In B.C.

COPPERKNOB
BY STEPHENETS

拍數: 48 牆數: 1 級數: Improver
編舞者: Irene Groundwater (CAN)
音樂: Jitterbug Boogie - The Fantastic Shakers



Special thanks to Dee Cresdee for her valuable input and thanks to Jenifer Reaume for suggesting the name.

ROCK FORWARD, HOLD, ROCK BACK, HOLD

- 1-2 Rock forward on right dropping right shoulder forward and bending right knee (body angling to the left), hold
3-4 Rock back on left straightening right shoulder and straightening right knee (body still angled to the left), hold

Option:

- 1-4 Rock right forward thrusting right hip forward, hold, rock left back thrusting left hip back, hold

Option:

- 1-2 Thrust right hip forward twice
3-4 Thrust left hip back twice

SMALL STEP FORWARD, CLOSE, SMALL STEP FORWARD, SCUFF

- 5 Right forward small step dropping right shoulder forward and bending right knee
6 Close left to right raising right shoulder and straightening right knee (optional - lock left behind right)
7 Right forward small step dropping right shoulder forward and bending right knee (small step)
8 Scuff left beside right foot straightening right knee (body facing forward)

ROCK FORWARD, HOLD, ROCK BACK, HOLD

- 9-10 Rock forward on left dropping left shoulder forward and bending left knee (body angling to the right), hold
11-12 Rock back on right straightening left shoulder and straightening left knee (body still angled to the right), hold

Option:

- 9-12 Rock left forward thrusting left hip forward, hold, rock right back thrusting right hip back, hold

Option:

- 9-10 Thrust left hip forward twice
11-12 Thrust right hip back twice

SMALL STEP FORWARD, CLOSE, SMALL STEP FORWARD, SCUFF

- 13 Left forward small step dropping left shoulder forward and bending left knee (small step)
14 Close right to left raising left shoulder and straightening left knee (optional - lock right behind left)
15 Left forward small step dropping left shoulder forward and bending left knee (small step)
16 Scuff right beside left foot straightening left knee (body now facing forward)

SIDE STEP, HOLD, CLOSE, HOLD

- 17-18 Side step right dropping right shoulder and bending right knee and looking right pointing right thumb right, hold
19-20 Close left to right and look to the left and straighten right shoulder and right leg and replace right thumb, hold

SIDE STEP, CLOSE, SIDE STEP, SCUFF

- 21 Side step right dropping right shoulder and bending right knee and looking right pointing right thumb right
22 Close left to right raising right shoulder and straightening right knee (still looking right)

- 23 Side step right and drop right shoulder bending right knee (still looking right)
24 Scuff left forward beside right raising right shoulder and straightening right knee and replace right thumb looking forward

SIDE STEP, HOLD, CLOSE, HOLD

- 25-26 Side step left dropping left shoulder and bending left knee and looking left pointing left thumb left, hold
27-28 Close right to left and look to the right and straighten left shoulder and left knee and replace thumb, hold

SIDE STEP, CLOSE, SIDE STEP, SCUFF

- 29 Side step left and look to the left and drop left shoulder bending left knee pointing left thumb left
30 Close right to left raising left shoulder and straightening left knee (still looking left)
31 Side step left and drop left shoulder bending left knee (still looking left)
32 Scuff right forward beside left and straighten left shoulder and left leg and replace thumb looking forward

CROSS, HOLD, PIVOT ½ TURN LEFT, HOLD

- 33-34 Cross right in front of left, hold
35-36 Pivot ½ turn left onto left, hold

FORWARD, CLOSE, FORWARD, HOLD

- 37-38 Right large step forward, close left to right (optional - lock left behind right)
39-40 Right large step forward, hold

CROSS, HOLD, PIVOT ½ TURN RIGHT, HOLD

- 41-42 Cross left in front of right, hold
43-44 Pivot ½ turn right onto right, hold

SIDE STEP, SIDE STEP, REPLACE, HOLD

- 45-46 Side step left, side step right
47-48 Replace weight on left, hold

Optional: make circular movements with the hips to the left on counts 45 to 48

REPEAT

FINISH

Dance ends on 32nd count of dance pattern. Then cross right over left extending arms out to the side shoulder height and slowly unwind.
