

Jitterbugging

COPPER KNOB
BY STEPHEN HETS

拍數: 80 牆數: 4 級數: Improver
編舞者: George Petrella (USA)
音樂: Jitterbug Boogie - The Fantastic Shakers



ROCK RIGHT-LEFT SHUFFLE IN PLACE RIGHT-LEFT-RIGHT, ROCK LEFT- RIGHT SHUFFLE IN PLACE LEFT-RIGHT-LEFT

1-2-3&4 Rock right on right foot, step on left, shuffle right-left-right
5-6-7&8 Rock left on left foot, step on right, shuffle left-right-left

WALK FORWARD RIGHT-LEFT-RIGHT-HOLD AND LEFT-RIGHT-LEFT-HOLD

1-8 Walk forward right-left-right-hold and left-right-left-hold

WALK BACK RIGHT-LEFT-RIGHT-HOLD AND LEFT-RIGHT-LEFT-HOLD

1-8 Walk backward right-left-right-hold and left-right-left-hold

ROCK RIGHT-LEFT SHUFFLE IN PLACE RIGHT-LEFT-RIGHT/ ROCK LEFT-RIGHT SHUFFLE IN PLACE LEFT-RIGHT-LEFT

1-2-3&4 Rock right on right foot, step on left, shuffle right-left-right
5-6-7&8 Rock left on left foot, step on right, shuffle left-right-left

VINE TO RIGHT RIGHT-LEFT-RIGHT TURN ½ TO RIGHT, VINE TO LEFT LEFT-RIGHT-LEFT TOUCH

1-8 Vine to right, right-left-right ½ turn right, vine left left-right-left, touch

VINE TO RIGHT RIGHT-LEFT-RIGHT, TURN ½ TO RIGHT, VINE TO LEFT LEFT-RIGHT-LEFT, STEP ON RIGHT

1-8 Vine right-left-right ½ right vine left-right-left, step on right

TWIST HEELS, TOES, HEELS, TO RIGHT.-HOLD TWIST HEELS, TOES, HEELS, TO LEFT.- HOLD

1-8 Twist heels, toes, heels, hold, to right, and heels, toes, heels, hold, to left

ROCK BACK RIGHT-STEP LEFT, SHUFFLE IN PLACE RIGHT-LEFT-RIGHT, ROCK BACK LEFT-STEP RIGHT SHUFFLE IN PLACE LEFT-RIGHT-LEFT

1-2-3&4 Rock back with right foot and step on left and shuffle right-left-right in place
5-6-7&8 Rock back with left foot and step on right and shuffle left-right-left in place

KICK RIGHT FORWARD 2X, SHUFFLE RIGHT-LEFT-RIGHT KICK LEFT FORWARD 2X, SHUFFLE LEFT-RIGHT-LEFT

1-2-3&4 Kick right foot 2x forward, shuffle right-left-right in place
5-6-7&8 Kick left foot 2x forward, shuffle left-right-left in place

4 PIVOTS TURNING 1 ¼ TURN LEFT IN 8 COUNTS STEPPING RIGHT-LEFT-RIGHT-LEFT-RIGHT-LEFT-RIGHT-LEFT

1-8 Step and pivot 1 ¼ turn to left (right, left, right, left, right, left, right, left)

REPEAT
