

Jitterbug Rug

COPPER KNOB
BY STEPSHEETS

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Claire Gent (CAN)
音樂: Honky Tonk Song - BR5-49



TOE FANS, ¼ TURN, KICK BALL CHANGE, STEP, HITCH

1-2 Right toe fan 1:00, right heel fan 5:00
3-4 Right toe fan 3:00 turning body ¼ to right, step left together
5&6 Right kick ball change
7-8 Step right forward, left hitch

ROCK FORWARD, ROCK CENTER, SHUFFLE WITH ¾ TURN LEFT, ROCK FORWARD, ROCK CENTER, KICK, HOOK

1-2 Left rock forward, right rock center
3&4 Shuffle turn left ¾ (left-right-left)
5-6 Right rock forward, left rock center
7 Right kick forward about knee high
8 Right foot hook over left knee

UNWIND ¼ LEFT, SHUFFLE FORWARD, BRUSHES, SHUFFLES

1-2 Right toe drop down over left foot, unwind ¼ turn left dropping right heel (weight right)
3&4 Shuffle forward left, right, left
5-6 Right foot brush forward, right foot brush back
7&8 Shuffle forward right, left, right

STOMPS, CLAPS, SHUFFLES

1-2 Left stomp forward, clap
3-4 Right stomp forward, clap
5&6 Shuffle back left-right-left
7&8 Shuffle back right-left-right

SWIVELS JITTERBUG STYLE, ¼ TURN RIGHT, STEP TOGETHER, HEEL PUMPS

Keep head forward, bend elbows waist high and point index finger up and shake as you swivel/jitterbug.

1 Step on ball of left foot pointing to 10:00 while turning body left
2 On ball of left foot swivel right, turning body right, lifting right foot and stepping down on ball of right foot to 2:00
3 On ball of right foot swivel left, turning body left, lifting left foot and stepping down on ball of left foot to 10:00
4 On ball of left foot swivel right, turning body right, lifting right foot and stepping down on right foot to 3:00 (¼ turn)
5-6 Step left forward, right step together
7-8 With weight on toes, pump heels twice

MOVING TOE/HEEL SWIVELS RIGHT, STEP BACK, SHIMMY BACK, HEEL PUMP WITH CLAP

1-2 Swivel toes 1:00, swivel heels 5:00
3-4 Swivel toes 1:00, swivel heels center
5 Step right back (start shimmy)
6-7 Shimmy leaning back, left step together ending shimmy
8 With weight on toes pump heel once with clap

REPEAT

