

Jitterbug Boogie

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Shaz Walton (UK) & Paulette Hylands (UK)
音樂: I Love to Boogie - Marc Bolan & T. Rex



KICK BALL CHANGE, KICK BALL CHANGE, ROCK RECOVER, STEP BACK, POINT BACK

1&2 Kick right foot forward, rock back on right, recover weight on to left
3&4 Kick right foot forward, rock back on right, recover weight on to left
5-6 Rock forward on right foot, recover weight onto left
7-8 Step back on right foot, point left foot diagonally back left

TOE, KICK CROSS, TOE, HEEL, TOE, HEEL, STEP, (DWIGHT YOAKAM)

1-2 Touch left toe to right instep, kick left foot diagonally forward left
3-4 Cross step left over right, touch right toe to left instep
5-6 Touch right heel diagonally forward right, touch right toe to left instep
7-8 Touch right heel diagonally forward right, step right beside left

KICK FORWARD, KICK SIDE, BACK ROCK RECOVER, KICK FORWARD, KICK SIDE, STEP BACK, KICK

1-2 Kick left foot forward, kick left to left side
3-4 Rock back on left, recover weight on to right
5-6 Kick left foot forward, kick left to left side
7-8 Step back on left, kick right foot forward

STEP ½ TURN, CLAP, STEP ½ TURN, CLAP, ROCK BACK RECOVER, STEP FORWARD, KICK

1-2 Make ½ right stepping right foot forward, clap
3-4 Make ½ turn right stepping back left, clap,
5-6 Rock back on right, recover weight on to left
7-8 Step forward right, kick left foot forward,

SYNCOPATED JUMPS FORWARD, SYNCOPATED JUMPS OUT, HEEL BOUNCES, SYNCOPATED JUMPS IN, JUMPS BACK, HEEL BOUNCES

&1&2 Jump forward left, right, jump out left, right
3-4 Raise both heels, drop both heels, raise both heels, drop both heels,
&5&6 Jump in right, left, jump back right left
7-8 Raise both heels, drop both heels, raise both heels, drop both heels,

This section is extremely fast! If you can find an easier option to make it more comfortable for yourself- do it!

STEP, KICK, ¼ TURN RIGHT, STEP ½ TURN RIGHT, STEP, JUMP OUT RIGHT LEFT, CLICK WITH BOTH HANDS

1-2 Step left to left side, kick right diagonally left across left leg
3-4 Step forward right a ¼ turn to the right, step left foot forward,
5-6 Make a ½ pivot turn right, step forward on left
&7-8 Jump out right left, shoulder width apart, click both fingers at shoulder level

REPEAT