

Jingle My Bells

拍數: 32 牆數: 4 級數: Improver
編舞者: Peter Fielding (UK)
音樂: Jingle My Bells - The Tractors



GRAPEVINE WITH ½ TURN RIGHT & HITCH

- 1 Right foot steps to right side
- 2 Cross left foot behind right
- 3 Right steps to right making ¼ turn right
- 4 Hitch left leg while making ¼ turn right on right foot

CAMEL WALK

- 5-6 Step left foot forward, slide right foot next to left
- 7-8 Step left foot forward, touch right foot next to left

KICK & TOUCH - CROSS UNWIND

- 9& Kick right foot forward & return to place
- 10 Touch left to left side
- 11 Cross left foot over right foot
- 12 Unwind a ½ turn right

SYNCOPATED CHASSE LEFT

- 13& Left foot steps to left, close right to left
- 14& Left foot steps to left, close right to left
- 15-16 Left foot steps to left, pause and clap

HEEL SWIVELS - ¼ TURN LEFT - KICK BALL CHANGE

- 17 With weight on toes swivel both heels to left
- 18 Swivel both heels right making ¼ turn left
- 19 Kick right foot forward
- &20 Step on right foot & quickly change weight onto left

RIGHT GRAPEVINE AND KICK

- 21-22 Right foot steps to right side, cross left foot behind right
- 23 Right foot steps to right side
- 24 Lean back with hand in the air and kick left foot forward

ROLLING GRAPEVINE LEFT (FULL TURN IN 4 STEPS)

- 25 Left foot steps left making ¼ turn left
- 26 Swing right foot round making further ¼ turn left
- 27 Weight on right swing left behind for ½ turn left
- 28 Touch right next to left

PIVOT TURNS LEFT TWICE

- 29 Step forward on right foot
- 30 Pivot a ½ turn left
- 31 Step forward on right foot
- 32 Pivot a ½ turn left

REPEAT

