

# Jingle Bell Rock

**COPPER** **KNOB**  
BY STEPHEN METZ

拍數: 32      牆數: 4      級數:  
編舞者: Edith Ryder  
音樂: Jingle Bell Rock - Bobby Helms



---

## CROSS, RECOVER, ROCK, RECOVER, ROCK

1-2      Cross left over right, recover back onto right  
3-4      Rock forward on left, recover back onto right

## ROCK, RECOVER, ¼ TURN, STEP

5-6      Rock forward on left, recover back onto right  
7-8      Step left over right turning ¼ right, step right beside left

## HEEL SWIVEL, TOE SWIVEL, TWICE, HEEL, TOE, HEEL, TOE

9-12      Swivel heels right, swivel toes right, swivel heels right, swivel toes right  
13-16      Touch left heel forward, touch left toe back, touch left heel forward, touch left toe back

## CHARLESTON (TWICE)

17-20      Step forward on left, kick right, step back on right, touch left toe back  
21-24      Step forward on left, kick right, step back on right, touch left toe back

## JAZZ BOX (TWICE)

25-28      Step forward on left, cross right over left, step back on left, step back on right  
29-32      Step forward on left, cross right over left, step back on left, step back on right

## REPEAT

---