

Jie Jie Mei Mei Zhan Qi Lai (Sisters Stand Up)

COPPER KNOB
STEPSHEETS

拍數: 0 牆數: 4 級數: Intermediate
編舞者: Chee Kiang Lim (SG)
音樂: Jie Jie Mei Mei Zhan Qi Lai - Dao Jin Ying



Sequence: A, A, B, B, Tag, A, A, B, B, Tag, A, Pause, B to the end
This dance is dedicated to the Hubana Dancers on Valentine Day 2007

PART A

STEP FORWARD, ROCK RECOVER, COASTER TURN, PIZZI WALK, FORWARD SHUFFLE (PARTIAL)

1 Step right forward
2-3 Step left forward (bump hip forward), recover on right
4&5 Step left back, step right besides left, turn 1/4 to right and step left forward
6-7 Cross step right over left, cross step left over right
8& Step right forward, step left besides right

STEP TURN, SCOOT, FLICK, FORWARD SHUFFLE, ROCK RECOVER SAILOR STEP (PARTIAL)

1 Step right forward and half turn to left (weight on right)
2-3 Scoot left back toward right, flick right back (look back over left shoulder)
4&5 Forward shuffle right, left, right
6-7 Step left forward, recover on right
8& Step left behind right, step right besides left

STEP SIDE, BACK ROCK, CHASSE, ROCK RECOVER, SIDE CHASSE (PARTIAL)

1 Step left to left (pushing hip to left)
2-3 Back rock on right, recover on left
4&5 Chasse to right on right, left, right
6-7 Cross left diagonally over right, recover on right
8& Step left to left, step right besides left

STEP TURN, PIVOT TURN, CHASSE TURN, TAP STEP, COASTER STEP (PARTIAL)

1 Turn 1/4 left and step left forward
2-3 Step right forward, pivot half turn to left
4&5 Turn 1/4 left and chasse to right on right, left, right
6-7 Tap left besides right, large step left to left
8& Step right back, step left besides right

PART B

CROSS POINT (TWICE), STEP DIAGONALLY BACK, TOUCH (TWICE)

1-2 Step forward on right, point left to left
3-4 Step forward on left, point right to right
5-6 Step diagonally back on right, touch left besides right
7-8 Step diagonally back on left, touch right besides left

SKATE OUT- OUT, HANDS ON HIPS, CUCARACHA HIP BUMPS

1-2 Skate right to right, skate left to left
3-4 Place right hand on right hip (bump right), left hand on left hip (bump left)
5-6 Bump hip to right then left
7-8 Bump hip to right then left (weight ends on left)

Styling: do a cucaracha "Figure 8" for step 5-8

SIDE STEPS, SIDE MAMBO, SIDE STEPS, SIDE MAMBO

- 1-2 Step right to right, step left besides right
- 3&4 Rock right to right, recover on left, touch right besides left
- 5-6 Step left to left, step right besides left
- 7&8 Rock left to left, recover on right, touch left besides right

Styling: Add Cuban hips as you side steps side mambo

ROCK RECOVER, STEP BACK, TOUCH, BACK ROCK, HALF TURN, TOUCH

- 1-2 Rock forward on right, recover on left
- 3-4 Step back on right, touch left besides right
- 5-6 Back rock on left, recover on right
- 7-8 Half turn right and step back on left, touch right besides left

TAG

Repeat last 16 counts of Part B, that is from step 17-32

PAUSE

There is a long pause toward the end of the music. You will dance Part A till step 37 and hold. then wait for music to restart and you finish the coaster step to begin Part B again
