

# Jezebel

拍數: 80      牆數: 2      級數:  
編舞者: Karen Jones (UK) & Barry Porter (UK)  
音樂: Jezebel - Ricky Martin



## VERSE

### LATIN WALKS RIGHT, LEFT, CROSS OUT OUT, HIP BUMPS RIGHT, LEFT

1-2            Cross right over left, cross left over right  
3&4           Cross right over left, step out right, out left  
5-6           Bump hips to left, bump hips to right  
7&8           Circle hips around to the left twice (weight ending on left foot)

### LOOK RIGHT, LEFT, RIGHT, LEFT, HINGE ½ TURN RIGHT, POINT LEFT, CROSS, POINT RIGHT

1-2            Turn body from hips to face back (bending knees slightly at same time) looking over right shoulder return to face front (knees straight)  
3-4            Repeat counts 1-2 (weight on left)  
5              ½ turn right bringing right next to left  
6              Point left to left  
7-8            Cross left over right, point right to right

### BALL CROSS, POINT TO RIGHT, BALL CROSS, SIDE, SWEEP, CROSS, SIDE, CROSS, ¼ TURN

&1            Bring right back to left, cross left over right  
2              Point right to right  
&3-           Bring right behind left, cross left over right  
4              Step right to right side  
5-6           ½ turn right sweeping left foot around and across right (weight on left)  
7&8           Step right to right, cross left over right, step right ¼ turn right

### SWEEP, CROSS, PUSH, BACK, HOOK, WALK FORWARD LEFT RIGHT, FORWARD LOCK STEP

1-2            Sweep left out to left and cross over right (weight on left)  
&3            Large push back from left, stepping back onto right  
4              Slide left back hooking left over right touching left toe on floor on the right side of right foot  
5-6           Walk forward left, right  
7&8           Left locking shuffle forward

### ¼ TURN RIGHT, TOGETHER, SIDE, CROSS, UNWIND ¾ TURN RIGHT, SIDE, CROSS SHUFFLE

1-2            ¼ turn right stepping right foot to right, step left next to right  
3-4            Step right to right side, cross left over right  
5              Unwind ¾ right (weight ends on right)  
6              Step left to left side  
7&8            Cross shuffle traveling left, stepping right, left, right

### LEFT SIDE ROCK, RECOVER, ROCK ¼ TURN LEFT, RECOVER, ½ TURN RIGHT, SWEEP & LOCK, LEFT LOCK FORWARD

1              Rock left to left side  
2              Recover to right foot  
3              Turn ¼ left rocking out to left  
4              Recover to right foot  
5&            Step left forward, ½ turn right  
6              Turn ½ right sweeping right foot into the lock position behind left (weight on right)  
7&8            Left locking shuffle forward

## CHORUS

### RIGHT, LEFT, RIGHT, / LEFT RIGHT LEFT, LUNGE FORWARD / PUSH ¼ TURN RIGHT, CHASSE RIGHT

- 1&2 Keeping feet apart rock on to ball of right, very subtle step forward on to ball of left, then right  
3&4 Repeat stepping on ball of left, right, left  
**Styling note: place hands on hips and run them up the side of body through hair over counts 1-4**  
5-6 Right foot lunge forward and push back the weight on to the left foot  
&7&8 ¼ turn right on ball of left, step right to right side, close left next to right, step right to right

### CROSS ROCK, RECOVER, (WITH SHIMMIES) CHASSE LEFT, CROSS ROCK, RECOVER, (WITH SHIMMIES) CHASSE RIGHT

- 1 Cross rock left over right as you lean forward shimmy(shoulders move right left right over 1&2)  
2 Recover weight back on to right  
3&4 Step left to left side, close right next to left, step left to left side  
5 Cross rock right over left as you lean forward shimmy(shoulders move left right, left over 5&6)  
6 Recover weight back on to left  
7&8 Step right to right side, close left next to right, step right to right side

### LEFT, RIGHT, LEFT / RIGHT, LEFT RIGHT, LUNGE FORWARD / PUSH ¼ TURN LEFT, CHASSE LEFT

- 1&2 Keeping feet apart rock on to ball of left, very subtle step forward on to ball of right, then left  
3&4 Repeat stepping on ball of right, left, right  
**Styling note: place hands on hips and run them up the side of body through hair over counts 1-4**  
5-6 Left foot lunge forward and push back the weight on to the right foot  
&7&8 ¼ turn left on ball of right, step left to left side, close right next to left, step left to left

### CROSS ROCK, RECOVER, (WITH SHIMMIES) CHASSE RIGHT, CROSS ROCK, RECOVER, (WITH SHIMMIES) CHASSE LEFT

- 1 Cross rock right over left as you lean forward shimmy(shoulders move left, right, left over 1&2)  
2 Recover weight back on to left  
3&4 Step right to right side, close left next to right, step right to right side  
5 Cross rock left over right as you lean forward shimmy(shoulders move right, left right, over 5&6)  
6 Recover weight back on to right  
7&8 Step left to left side, close right next to left, step left to left side

## REPEAT

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