

# Jezebel

拍數: 80      牆數: 2      級數:  
編舞者: Karen Jones (UK) & Barry Porter (UK)  
音樂: Jezebel - Ricky Martin



## VERSE

### LATIN WALKS RIGHT, LEFT, CROSS OUT OUT, HIP BUMPS RIGHT, LEFT

- 1-2            Cross right over left, cross left over right
- 3&4           Cross right over left, step out right, out left
- 5-6           Bump hips to left, bump hips to right
- 7&8           Circle hips around to the left twice (weight ending on left foot)

### LOOK RIGHT, LEFT, RIGHT, LEFT, HINGE ½ TURN RIGHT, POINT LEFT, CROSS, POINT RIGHT

- 1-2            Turn body from hips to face back (bending knees slightly at same time) looking over right shoulder return to face front (knees straight)
- 3-4            Repeat counts 1-2 (weight on left)
- 5              ½ turn right bringing right next to left
- 6              Point left to left
- 7-8            Cross left over right, point right to right

### BALL CROSS, POINT TO RIGHT, BALL CROSS, SIDE, SWEEP, CROSS, SIDE, CROSS, ¼ TURN

- &1            Bring right back to left, cross left over right
- 2              Point right to right
- &3-           Bring right behind left, cross left over right
- 4              Step right to right side
- 5-6           ½ turn right sweeping left foot around and across right (weight on left)
- 7&8           Step right to right, cross left over right, step right ¼ turn right

### SWEEP, CROSS, PUSH, BACK, HOOK, WALK FORWARD LEFT RIGHT, FORWARD LOCK STEP

- 1-2            Sweep left out to left and cross over right (weight on left)
- &3            Large push back from left, stepping back onto right
- 4              Slide left back hooking left over right touching left toe on floor on the right side of right foot
- 5-6           Walk forward left, right
- 7&8           Left locking shuffle forward

### ¼ TURN RIGHT, TOGETHER, SIDE, CROSS, UNWIND ¾ TURN RIGHT, SIDE, CROSS SHUFFLE

- 1-2            ¼ turn right stepping right foot to right, step left next to right
- 3-4            Step right to right side, cross left over right
- 5              Unwind ¾ right (weight ends on right)
- 6              Step left to left side
- 7&8           Cross shuffle traveling left, stepping right, left, right

### LEFT SIDE ROCK, RECOVER, ROCK ¼ TURN LEFT, RECOVER, ½ TURN RIGHT, SWEEP & LOCK, LEFT LOCK FORWARD

- 1              Rock left to left side
- 2              Recover to right foot
- 3              Turn ¼ left rocking out to left
- 4              Recover to right foot
- 5&            Step left forward, ½ turn right
- 6              Turn ½ right sweeping right foot into the lock position behind left (weight on right)
- 7&8           Left locking shuffle forward

## CHORUS

### RIGHT, LEFT, RIGHT, / LEFT RIGHT LEFT, LUNGE FORWARD / PUSH ¼ TURN RIGHT, CHASSE RIGHT

1&2 Keeping feet apart rock on to ball of right, very subtle step forward on to ball of left, then right

3&4 Repeat stepping on ball of left, right, left

**Styling note: place hands on hips and run them up the side of body through hair over counts 1-4**

5-6 Right foot lunge forward and push back the weight on to the left foot

&7&8 ¼ turn right on ball of left, step right to right side, close left next to right, step right to right

### CROSS ROCK, RECOVER, (WITH SHIMMIES) CHASSE LEFT, CROSS ROCK, RECOVER, (WITH SHIMMIES) CHASSE RIGHT

1 Cross rock left over right as you lean forward shimmy(shoulders move right left right over 1&2)

2 Recover weight back on to right

3&4 Step left to left side, close right next to left, step left to left side

5 Cross rock right over left as you lean forward shimmy(shoulders move left right, left over 5&6)

6 Recover weight back on to left

7&8 Step right to right side, close left next to right, step right to right side

### LEFT, RIGHT, LEFT / RIGHT, LEFT RIGHT, LUNGE FORWARD / PUSH ¼ TURN LEFT, CHASSE LEFT

1&2 Keeping feet apart rock on to ball of left, very subtle step forward on to ball of right, then left

3&4 Repeat stepping on ball of right, left, right

**Styling note: place hands on hips and run them up the side of body through hair over counts 1-4**

5-6 Left foot lunge forward and push back the weight on to the right foot

&7&8 ¼ turn left on ball of right, step left to left side, close right next to left, step left to left

### CROSS ROCK, RECOVER, (WITH SHIMMIES) CHASSE RIGHT, CROSS ROCK, RECOVER, (WITH SHIMMIES) CHASSE LEFT

1 Cross rock right over left as you lean forward shimmy(shoulders move left, right, left over 1&2)

2 Recover weight back on to left

3&4 Step right to right side, close left next to right, step right to right side

5 Cross rock left over right as you lean forward shimmy(shoulders move right, left right, over 5&6)

6 Recover weight back on to right

7&8 Step left to left side, close right next to left, step left to left side

## REPEAT

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