

Jewel In My Heart

COPPER KNOB
BY SHEETS

拍數: 0 牆數: 1 級數: Intermediate waltz
編舞者: Jolene Pearly Vun (MY)
音樂: Dae Jang Geum - Kelly Chen



Sequence: AB, AAA, B (restart), B
Specially dedicated to my mum

PART A

WALTZ FORWARD, WALTZ BACK, ½ TURN, WALTZ BACK

1-2-3 Step left forward, step right beside left, step left beside right (basic waltz forward)
4-5-6 Step right back, step left beside right, step right beside left (basic waltz back)
7-8-9 Step left forward, on ball of left pivot ½ turn left and step right back, step left beside right
10-11-12 Step right back, step left beside right, step right beside left

LEFT TWINKLE, RIGHT TWINKLE, LEFT SAILOR, RIGHT SAILOR

1-2-3 Cross left over right, step right to right, step left beside right
4-5-6 Cross right over left, step left beside right, step right beside left
7-8-9 Cross left behind right, step right to right, step left beside right
10-11-12 Cross right behind left, step left to left, step right beside left

BEHIND, UNWIND FULL TURN, RONDE, BEHIND, SIDE, FORWARD (TWICE)

1-2-3 Cross left behind right, unwind to left keeping weight on right a full turn and ronde left
4-5-6 Cross left behind right, step right to right, step left forward
7-8-9 Cross right behind left, unwind to right keeping weight on left a full turn and ronde right
10-11-12 Cross right behind left, step left to left, step right forward

Easy version:

BEHIND, UNWIND ½ TURN, KICK, BEHIND, SIDE, FORWARD (TWICE)

1-2-3 Cross left behind right, unwind to left keeping weight on right with ½ turn and kick left
4-5-6 Cross left behind right, step right to right, step left forward
7-8-9 Cross right behind left, unwind to right keeping weight on left with ½ turn and kick right
10-11-12 Cross right behind left, step left to left, step right forward

LEFT TWINKLE, RIGHT TWINKLE WITH ¼ TURN RIGHT (TWICE)

1-2-3 Cross left over right, step right to right, step left beside right
4-5-6 Cross right over left, step left to left with ¼ turn right, step right beside left
7-8-9 Cross left over right, step right to right, step left beside right
10-11-12 Cross right over left, step left to left with ¼ turn right, step right beside left (facing 12:00)

FORWARD, RECOVER, HOLD

1-2-3 Step forward on left, recover weight on right(2) and hold(3)

PART B

CROSS, BACK-BACK, CROSS BACK-BACK, CROSS, UNWIND FULL TURN, RONDE, BEHIND, SIDE, FORWARD

1-2-3 Cross left over right, step back on right, step left beside right (moving diagonal back)
4-5-6 Cross right over left, step back on left, step right beside left (moving diagonal back)
7-8-9 Cross left over right, unwind to right keeping weight on left a full turn and ronde right
10-11-12 Step right behind left, step left to left, step forward on right

LEFT SAILOR, RIGHT SAILOR, ROCK BACK, RECOVER, RONDE, CROSS SIDE BEHIND

1-2-3 Cross left behind right, step right to right, step left beside right

4-5-6 Cross right behind left, step left to left, step right beside left
7-8-9 Cross left behind right, recover weight onto right and ronde left over right (restart from here)
10-11-12 Step down on left, step right to right, step left behind right

¼ TURN RIGHT, PIVOT ½ TURN, ¼ TURN RIGHT, BEHIND, SIDE, CROSS, RONDE

1-2-3 Step right forward with ¼ turn right, step left forward, pivot ½ turn on right
4-5-6 Step left forward with ¼ turn right, step right behind left, step left to left
7-8-9 Cross right over left, ronde left

ENDING

After the last B

1-2-3 Step forward on left, recover weight on right(2) and hold(3)
