

Jessie J Cha (P)

拍數: 64 牆數: 0 級數: Partner
編舞者: Diane Jackson (UK)
音樂: I've Been Better - Brad Paisley



Position: Right side by side (Sweetheart), Man & lady on same feet

CHA BACK, ROCK STEP CHA-CHA FORWARD

1-2 Step forward on left, rock back onto right
3&4 Cha-cha-cha backward left, right left
5-6 Step back on right, rock forward onto left
7&8 Cha-cha-cha forward on right left right

STEP TURN, HOLD, & SIDE ROCK TWICE (INTO INDIAN POSITION)

9-10 Step forward on left, turning $\frac{1}{4}$ right, keeping weight on left, (OLOD), hold for one count
&11-12 Step right next to left, rock step onto left, recover weight to right
13-14 Step left to left, hold
&15-16 Step right next to left, rock step onto left, recover weight to right

ROCK TURN CHA-CHA-CHA, STEP PIVOT CHA-CHA-CHA

17-18 Rock back on left turning $\frac{1}{4}$ left (to face LOD), step forward on right
19&20 Cha-cha-cha forward left right left
21-22 Step forward right, pivot $\frac{1}{2}$ turn left (RLOD) drop right hands raise left
23&24 Cha-cha-cha forward right left right pick up lady's right hand behind gents back

STEP TURN, HOLD, & SIDE ROCK TWICE REVERSE INDIAN POSITION

25-26 Step forward on left, turning $\frac{1}{4}$ right, keeping weight on left, (ILOD), hold for one count
&27-28 Step right next to left, rock step onto left, recover weight to right
29-30 Step left to left, hold
&31-32 Step right next to left, rock step onto left, recover weight to right

ROCK TURN CHA-CHA-CHA, STEP PIVOT CHA-CHA-CHA

33-34 Rock back on left turning $\frac{1}{4}$ left (to face RLOD), step forward on right
35&36 Cha-cha-cha forward left right left
37-38 Step forward right, pivot $\frac{1}{2}$ turn left (LOD) drop right hands raise left
39&40 Cha-cha-cha forward right left right back to right side by side

41-42 **MAN:** Rock forward on left, back on right
 LADY: Step forward on left, pivot $\frac{1}{2}$ turn right (RLOD)

Raise left arm lower right, lady will cha-cha-cha round to mans left, to end in man's hammerlock position

43&44 **MAN:** Cha-cha-cha slightly forward left, right, left
 LADY: Cha-cha-cha round behind the man left, right, left to end on man's left side facing LOD
 with man in hammerlock

Release right hands, with left hand lead lady into full turn in front of man, back into right side by side

45-46 **MAN:** Step right behind left, step left to left
 LADY: Walk right, left, cross turning to the right in front of man
47&48 Cha-cha-cha right left right cha-cha-cha right left right

ROCK STEP CHA-CHA BACK, ROCK STEP CHA-CHA FORWARD

49-50 Rock forward on left, back on right
51&52 Cha-cha-cha backward left right left
53-54 Rock back on right, forward on left

55&56 Cha-cha-cha forward right left right

SHUFFLES BOTH TURNING RIGHT (DROP LEFT RAISE RIGHT HANDS)

57-64 Four shuffles moving forward up LOD both turning full turn to right

REPEAT
