

# Jesse Hold On

拍數: 64      牆數: 1      級數: Intermediate  
編舞者: Charlie Bowring (UK)  
音樂: Jesse Hold On - B\*Witched



## RIGHT TAP (TWICE) & SAILOR SCUFF & CROSS UNWIND, MAMBO FORWARD

1-2      Tap right heel diagonally forward  
&      Step right foot in place  
3      Step left foot behind right  
&      Step right foot in place  
4      Scuff left foot forward  
&      Step left foot in place  
5      Cross right behind left  
6      Unwind  $\frac{3}{4}$  turn right  
7      Step left foot forward  
&      Rock back on to right foot  
8      Step left foot back

## SWITCHES & CLAPS, ROCK & TURNING TRIPLE STEPS

9      Touch right heel forward  
&10      Step right foot in place, and touch left heel forward  
&11      Step left foot in place, and touch right heel forward  
&12      Clap hands (twice)  
&13      Step right foot in place, and touch left heel forward  
&14      Step left foot in place, and touch right heel forward  
&15      Step right foot in place, and touch left heel forward  
&16      Clap hands (twice)  
  
&      Step left foot in place  
17      Step right foot forward  
18      Rock back on to left foot  
19&20      Step right, left, right making  $\frac{1}{2}$  turn over right shoulder  
21-32      Mirror counts 9-20 starting with left foot

## RIGHT VINE, SHUFFLE, SWITCHES & DOUBLE TIME CROSS

33      Step right to right side (stepping off on heel of foot)  
34      Cross left behind right  
35&36      Shuffle to right side (right-left-right)  
37      Touch left heel forward  
&      Step left foot in place  
38      Touch right heel forward  
&      Step right foot in place  
39      Touch left heel forward  
&      Hook left foot over right shin  
40      Touch left heel forward  
  
&      Hook left foot over right shin  
41-48&      Mirror counts 33 - 40& starting with left

## RIGHT GRIND $\frac{1}{4}$ TURN, COASTER STEP. LEFT GRIND $\frac{1}{2}$ TURN, COASTER STEP

49      Step right heel forward turning toes in,

- 50 Grind heel  $\frac{1}{4}$  right, stepping back on left foot
- 51&52 Right coaster step
- 53 Step left heel forward turning toes in,
- 54 Grind heel  $\frac{1}{2}$  left, stepping back on right foot
- 55&56 Left coaster step

**RIGHT SCUFF, STEP BACK, TWIST & TURN  $\frac{1}{2}$  RIGHT, CROSS-BACK-RIGHT**

- 57 Scuff the right foot forward
- & Hitch the knee
- 58 Step back on the right foot
- 59& With weight on the balls of both foot swivel heels  $\frac{1}{4}$  to the left, then return heels to center
- 60 Swivel heels to the left, turning  $\frac{1}{2}$  turn right (keep weight on the left)
- 61 Cross the right foot over the left
- & Step back on the left foot
- 62 Step right with the right foot
- 63 Scuff left foot forward
- & Scoot forward on ball of right foot
- 64 Step left foot forward

**REPEAT**

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