

# Jen-Jen

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Bonnie Savo (CAN)  
音樂: Jenny from the Block - Jennifer Lopez



## MOVING RIGHT DIAGONAL WITH TOE TAPS, MOVING LEFT DIAGONAL WITH TOE TAPS

1-2      Tap right toe next to left, tap a little further on right diagonal  
3&4      Tap a little further, tap a little further, step on right (do not exceed a shoulder width)  
**Lean back with attitude on taps**  
5-6      Repeat 1, 2 tapping with left  
7&8      Repeat 3&4, stepping on left (8)

## CHARLESTON

1-2      Touch right toe forward, step right slightly back of left  
3-4      Touch left toe back, step left slightly ahead of right  
5-6      Repeat 1, 2  
7-8      Repeat 3, 4

## STEP RIGHT, TOGETHER, RIGHT, TOUCH LEFT (WITH SHOULDER MOVES)

1&2&      With right foot, step right side toe, drop heel, step together with left toe, drop heel  
**Lift right shoulder up and lower left (1), let right drop and lift left shoulder (2)**  
3&4&      Step to right with right toe, drop heel, touch together with left toe, drop heel  
**Let left shoulder drop, lift right shoulder up (3), let it drop and lift left shoulder up (4), and drop (&)**

## SIDE STEP LEFT WITH ¼ TURN LEFT (DOUBLE TIME), HANDS PUMP, CLAP

5&6&      Moving left, step left, together with right, step left, together with right  
**Hands both in front, palms down, pump up and down, up and down**  
7&8&      Moving left step left, together right, ¼ turn left as you step on left, touch right next to left  
**Hands continue to pump up and down, clap on count 8**

## LONG STEP RIGHT, BOUNCE HEELS/ LONG STEP LEFT, BOUNCE HEELS

1-2      Step to the right with right foot, together with left (and clap on count 2)  
3&4&      Lift both heels up and down, up and down (both hands on thighs)  
5-6      Repeat 1, 2 with left  
7&8&      Repeat 3&4&

## REPEAT

Dance dedicated to my favorite dancer, Jenna!

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