

Jelly Roll

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Michele Perron (CAN)
音樂: Jellyroll - Audrey Auld



FORWARD, TAP, BACK, DIG, HOLD, ROCK, RECOVER, FORWARD

1-2 Step right forward, (right shoulder dips forward), left toe/tap behind right
3-4 Step left back, right heel forward (raise right shoulder)
5-6 Hold, right rock/step back
7-8 Left recover/step forward, step right forward

TURN, FORWARD, TAP, BACK, DIG, HOLD, ROCK, RECOVER, TURN, SIDE

& Execute ¼ turn left, pivot on right toe/ball (9:00)
1-2 Step left forward (left shoulder dips forward), right toe/tap behind left
3-4 Step right back, left heel forward (raise left shoulder)
5-6 Hold, left rock/step back
7-8 Right recover/step forward, execute ¼ turn right with left step to side left (12:00)

STOMP, HOLD, 'SLOW LEFT SAILOR', STOMP, HOLD, 'SLOW RIGHT SAILOR'

1-2 Right stomp to side right * (head looks left), hold
3-4 Left step across and behind right, right step to side right
5-6 Left stomp to side left * (head looks right), hold
7-8 Right step across and behind left, left step to side left

Both hands do the 'safe' action

BACK, DIG, BACK, DIG, BACK, DIG, HOLD, BACK

1-2 Step right back, left heel/tap diagonal left forward with left finger snap (head looks left)
3-4 Step left back, right heel/tap diagonal right forward with right finger snap (head looks right)
5-6 Step right back, left heel/tap diagonal left forward with left finger snap (head looks left)
7-8 Hold, step left back

FORWARD, LOCK, FORWARD, SCUFF, FORWARD, HOLD, TURN, HOLD

1-2 Step right forward, left lock/step behind right
3-4 Step right forward, left heel scuff forward
5-6 Step left forward, hold
7-8 Execute ¼ pivot/turn right with right step, hold (3:00)

FORWARD, LOCK, FORWARD, SCUFF, FORWARD, TURN, FORWARD, TURN

1-2 Step left forward, right lock/step behind left
3-4 Step left forward, right heel scuff forward
5-6 Step right forward, execute ¼ pivot/turn left with left step
7-8 Step right forward, execute ¼ pivot/turn left with left step (9:00)

REPEAT

ENDING

You will end facing front wall on count 16. If you wish, execute count 17 as

17 Right stomp with hands to finish in a pose!