

Jelly Roll

拍數: 68 牆數: 4 級數: Intermediate
編舞者: Eileen Frater (UK)
音樂: Bring It Down To Jelly Roll - John Fogerty



RIGHT TOE, STOMP SHUFFLE FORWARD, LEFT TOE, STOMP SHUFFLE FORWARD

1-2 Right toe tap beside left instep, right stomp up beside left foot
3&4 Right shuffle forward to right diagonal
5-6 Left toe tap beside right instep, left stomp up beside right foot
7&8 Left shuffle forward to left diagonal

TOE SWITCHES. WALK, WALK, REPEAT

9&10 Tap right toe forward switch and tap left toe forward
&11-12 Step left beside right, walk forward right, then left beside right
13-16 Repeat switches & walks, as above

RIGHT GRAPEVINE, SIDE SHUFFLE, POINT CROSS & CROSS, SLIDE

17-19&20 Step right foot to right side, cross left behind, right shuffle to right
21&22 Tap left toe across right, step left beside right, cross right over left
23-24 Step left to left side and slide right beside left (weight on right)
25-32 Repeat above to left.

HEEL SWITCHES ¼ TURN LEFT

33&34& Tap right heel forward, switch, tap left heel forward starting turning
35&36& ¼ turn left, tap right heel forward, switch, tap left heel forward and step beside right.

STOMPS, SCOOT BACK, RIGHT COASTER STEP, JUMP FORWARD, CLAPS

This section is fast and fun

37-38 Step right forward, step left beside right
&39&40 Scoot back on left, step back on right, scoot back on right, step back on left.
41&42 Right coaster step
&43 Step left foot forward, step right (hip width apart) forward
&44 Clap twice
45-52 Repeat 37-44 but turning ¼ left on jump forward
53-60 Repeat 37-44 but turning ¼ left on jump forward

STEP, LOCK SHUFFLE, STEP LOCK SHUFFLE

61-63&64 Step right foot forward to right diagonal, lock left foot behind right right shuffle forward to right diagonal
65-67&68 Step left foot forward to left diagonal, lock right foot behind left left shuffle forward to left diagonal

REPEAT
