Jealous Bone



拍數: 48 牆數: 2 級數: Intermediate/Advanced

編舞者: Sandi Brooks (USA)

音樂: I'll Think of a Reason Later - Lee Ann Womack



STEP RIGHT, HITCH LEFT, LEFT, COASTER STEP, HITCH RIGHT, BEGIN RIGHT, JAZZ SQUARE

1-2 Step forward on right, hitch left

3-4-5 Step back on left, step back on right, step forward on left

6 Hitch right

7-8 Cross right, over left, step left back

FINISH RIGHT, JAZZ SQUARE, TWO ½ TURNS LEFT, SHUFFLE/GLIDE STEP IN PLACE

Step right, to right, step left forward
Step forward on right, turn a ½ turn left
Stomp/step forward on right, turn a ½ turn left

7& Lift right foot slightly off the floor and quickly shuffle/glide it slightly forward barely touching

down of the ball of the right foot, immediately bring right next to left with the same

shuffle/gliding or sliding motion

8& Lift left foot slightly off the floor and quickly shuffle/glide it slightly forward barely touching

down of the ball of the left foot, immediately bring left next to right with the same

shuffle/gliding or sliding motion

On these shuffle/glide steps your feet should look like you are walking on air. Feet glide forward and back as in the coaster step move

1/2 TURN TO THE LEFT, RIGHT, TRIPLE STEP FORWARD, WITH A FULL SPIN TO THE RIGHT, FORWARD LEFT, ROCK STEP

1-2 Step forward on right, do a ½ turn left

3&4 Step forward on right, slide left up to heel of right, step forward on right

5-6 Step forward on left while turning a ½ turn right, step forward on right while turning another ½

turn right

7-8 Rock forward on left, shift weight to right

BACK LEFT, ROCK STEP, WITH ½ TURN RIGHT, LEFT, TRIPLE FORWARD, SPIN 1½ TO THE LEFT, HEEL TAPS/SWITCHES RIGHT, LEFT, TWO RIGHT, HEEL TAPS, 3 TOE/HEELS TO THE RIGHT

1-2	Rock back on left, shift weight to right
3-4	Step forward on left, turn a ½ turn right

5&6 Step forward on left, slide right up to heel of left, step forward on left

7-8 Step forward on right turning ½ turn left, step forward on left, turning another ½ turn left

1-2 Step forward on right turning ½ turn left, step left next to right but slightly back (weight goes

to left foot)

3&4& Tap right heel forward, bring right back next to left/center, tap left heel forward, bring left back

next to right/center

5-6 Tap right heel forward 2 times

7-8 Turn right toe inward (toe turned in to instep of left foot), hold

1-2 Turn right heel in to instep of left (toe points out to right), hold

3-8 Turn right toe in again, turn heel in, turn toe in, turn heel in, toe in, heel in

REPEAT