

# J. D. Shuffle

拍數: 56      牆數: 4      級數: Intermediate  
編舞者: Roger Garman Jr. (USA)  
音樂: Any Man of Mine - Shania Twain



## HEEL, HOOK, HEEL, TOGETHER

1-2      Touch right heel forward; hook right ankle in front of left shin  
3-4      Touch right heel forward; step right beside left  
5-6      Touch left heel forward; hook left ankle in front of right shin  
7-8      Touch left heel forward; step left beside right

## ALTERNATING SPLITS

9-10      Move both toes apart; move both heels apart  
11-12      Move both heels back to center; move both toes back to center

## FORWARD SHUFFLES, PIVOT TURN

13&14      Step right forward; step left together; step right forward  
15&16      Step left forward; step right together; step left forward  
17-18      Step right forward; pivot ½ turn shifting weight to left

## FORWARD SHUFFLES, PIVOT TURN

19&20      Step right forward; step left together; step right forward  
21&22      Step left forward; step right together; step left forward  
23-24      Step right forward; pivot ½ turn shifting weight to left

## JAZZ BOX, JAZZ BOX WITH JUMP FORWARD

25-26      Cross-step right over left; step left back  
27-28      Step right slightly forward and to right; step left beside right  
29-30      Cross-step right over left; step left back left  
31-32      Step right slightly forward and to right; jump forward on both feet

## RIGHT VINE WITH SCUFF, LEFT VINE WITH ¼ TURN AND STOMP

33-34      Step right to right side; cross-step left behind right  
35-36      Step right to right side; scuff left forward  
37-38      Step left to left side; cross-step right behind left  
39-40      Turning ¼ left, step on left foot; stomp right foot down beside left

## SWIVELS

41-42      Swivel heels to right side; swivel heels back to center  
43-44      Swivel heels to right side; swivel heels back to center

## MODIFIED CHARLESTONS

45-46      Step right forward; kick left forward clapping hands  
47-48      Step left foot back; touch right toe back clapping hands  
49-50      Step right forward; kick left forward clapping hands  
51-52      Step left foot back; touch right toe back clapping hands

## OUT-OUT, IN-CROSS, UNWIND, CLAP

&53      Step right to right side; step left to left side  
&54      Step left in to center; cross-step right over left  
55-56      Unwind ½ turn left; hold and clap hands

REPEAT

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