

# The J.D. Rock

拍數: 56      牆數: 4      級數: Improver  
編舞者: Carl Edwards (UK)  
音樂: I Want Your Love - Atomic Kitten



- 1            Rock right foot diagonally forward (pulling both fists back like thrust)  
2            Recover onto left foot  
3            Rock right foot diagonally back (placing hands forward in "stop" position)  
4            Recover onto left foot  
5&6        Right forward shuffle  
7            Step left foot forward  
8            Pivot ½ turn over right shoulder
- 9-16        Repeat 1-8, this time leading with your left foot
- 1-2        Cross rock right foot over left, recover onto left foot  
3&4        Right side shuffle/chasse (right-left-right)  
5-6        Cross rock left foot over right, recover onto right foot  
7&8        Left side shuffle /chasse (left-right-left)
- 1-2        Rock forward on right foot, recover onto left foot  
3&4        Right shuffle making ½ turn over right shoulder  
5-6        Rock forward on left foot, recover onto right foot  
7-8        Step back on left foot, hook right in front of left and click fingers
- 1&2        Right forward shuffle  
3&4        Left forward shuffle  
5-6        Step right forward, pivot ¼ turn over left shoulder  
7-8        Step right forward, pivot ¼ turn over left shoulder
- 1-2        Cross right over left, step back on left foot  
&3-4       Step right to side, cross left over right, point right to side  
5-8        Step right forward and shimmy shoulder forward for 2 counts and back for two counts.  
            Alternatively you can do a 4-count body roll!
- 1-2        Step right foot forward, pivot ¼ turn over left shoulder  
3-4        Step right foot forward, pivot ½ turn over left shoulder  
5&6        Rock right to right side, recover onto left, cross right over left  
7&8        Rock left to left side, recover onto right, cross left over right

**REPEAT**

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