

Jazzy Jamai

拍數: 0 牆數: 1 級數: Improver
編舞者: Roy Verdonk (NL), Raymond Sarlemijn (NL) & Darren Bailey (UK)
音樂: Step Right Up - Jamai



Sequence: AAB, AB, AB

PART A

RIGHT ROCK, BEHIND SIDE CROSS, LEFT ROCK, BEHIND SIDE CROSS

- 1-2 Rock right foot to right side, recover onto left foot
- 3&4 Step right foot behind left foot, & step left foot to left side, step right foot across left foot
- 5-6 Rock left foot to left side, recover onto right foot
- 7&8 Step left foot behind right foot, & step right foot to right side, step left foot across right foot

ROCK FORWARD, ½ TURN SHUFFLE RIGHT, ROCK FORWARD, ½ TURN SHUFFLE LEFT

- 1-2 Rock forward on right foot, recover onto left foot
- 3&4 Make ¼ turn right stepping right foot to right side, & close left foot next to right foot, make ¼ turn right stepping right foot forward
- 5-6 Rock forward on left foot, recover onto right foot
- 7&8 Make ¼ turn left stepping left foot to left side, & close right foot next to left foot, make ¼ turn left stepping left foot forward

PADDLE TURNS OVER LEFT SHOULDER, REVERSE SAILOR STEPS MOVING BACKWARDS

- 1 Make ¼ left on ball of left foot while touching right foot to right side
- 2 Make ¼ left on ball of left foot while touching right foot to right side
- 3 Make ¼ left on ball of left foot while touching right foot to right side
- 4 Make ¼ left on ball of left foot while touching right foot to right side. (now facing 12:00)
- 5&6 Cross right foot over left foot, & step back on left foot, step right foot to right side
- 7&8 Cross left foot over right foot, & step back on right foot, step left foot to left side

KICK BALL CHANGE, STEP ½ TURN, KICK BALL CHANGE STEP ½ TURN

- 1&2 Kick right foot forward, & step right foot next to left foot, step left foot next to right foot
- 3-4 Step forward on right foot, pivot ½ turn to left
- 5&6 Kick right foot forward, & step right foot next to left foot, step left foot next to right foot
- 7-8 Step forward on right foot, pivot ½ turn to left

PART B

OUT, OUT, IN, IN, WALK, WALK, WALK, TOGETHER

- 1-2 Step diagonally forward on right foot, step diagonally forward on left foot (out, out)
- 3-4 Step diagonally back on right foot in place, step diagonally back on left foot in place (in, in)
- 5-6 Walk forward on right foot, walk forward on left foot
- 7-8 Walk forward on right foot, step left foot next to right foot

KNEE KNOCKS, SAILOR STEP RIGHT, SAILOR STEP LEFT WITH ¼ TURN LEFT

- 1-4 Knock knees together, and apart for 4 counts
- Right hand rolling around in circle to the right, left hand pointing diagonally forward**
- 5&6 Step right foot behind left foot, & step left foot to left side, step right foot to right side
- 7&8 Step left foot behind right foot making a ¼ turn left, & step right foot next to left foot, step left foot forward (now facing 9:00)

HIP ROLLS RIGHT, HIP ROLLS LEFT, ½ PIVOT TURN LEFT, ½ TURN LEFT, TOGETHER

- 1-2 Touch right toe forward, roll hips around to right twice (weight ends on right foot)

- 3-4 Touch left toe forward, roll hips around to left twice (weight ends on left foot)
- 5-6 Step right foot forward, pivot $\frac{1}{2}$ turn to left
- 7-8 Make $\frac{1}{2}$ left stepping back on right foot, step left foot next to right foot

JUMP OUT, HEEL BOUNCES, RIGHT JAZZ BOX

- &1 Step right foot to right side, step left foot to left side
- 2-4 Bounce heels on floor 3 times
- 5-6 Step right foot across left foot, step back on left foot
- 7-8 Step right foot to right side, step forward on left foot

OUT, OUT, IN, IN, WALK, WALK, WALK, TOGETHER

- 1-2 Step diagonally forward on right foot, step diagonally forward on left foot (out, out)
- 3-4 Step diagonally back on left foot in place, step diagonally back on right foot in place (in, in)
- 5-6 Walk forward on right foot, walk forward on left foot
- 7-8 Walk forward on right foot, step left foot next to right foot

REVERSE SAILOR STEP RIGHT, REVERSE SAILOR STEP LEFT, FULL TURN RIGHT AND A $\frac{1}{4}$, TRAVELING TO LEFT

Towards original place where dance was started

- 1&2 Step right foot across left foot, & step back on left foot, step diagonally back on right foot
- 3&4 Step left foot across right foot, & step back on right foot, step diagonally back on left foot
- 5-6 Step right foot across left foot, make $\frac{1}{4}$ turn right stepping back on left foot
- 7-8 Make $\frac{1}{2}$ turn right stepping forward onto right foot, (now facing 6:00), make $\frac{1}{2}$ turn right stepping back on left foot (now facing 12:00)

JUMP OUT, HEEL BOUNCES, RIGHT JAZZ BOX

- &1 Step right foot to right side, step left foot to left side
 - 2-4 Bounce heels on floor 3 times
 - 5-6 Step right foot across left foot, step back on left foot
 - 7-8 Step right foot to right side, step forward on left foot
-