

# Jazzy Jamai

拍數: 0                      牆數: 1                      級數: Improver  
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音樂: Step Right Up - Jamai



Sequence: AAB, AB, AB

## PART A

### RIGHT ROCK, BEHIND SIDE CROSS, LEFT ROCK, BEHIND SIDE CROSS

- 1-2                      Rock right foot to right side, recover onto left foot
- 3&4                     Step right foot behind left foot, & step left foot to left side, step right foot across left foot
- 5-6                     Rock left foot to left side, recover onto right foot
- 7&8                     Step left foot behind right foot, & step right foot to right side, step left foot across right foot

### ROCK FORWARD, ½ TURN SHUFFLE RIGHT, ROCK FORWARD, ½ TURN SHUFFLE LEFT

- 1-2                     Rock forward on right foot, recover onto left foot
- 3&4                     Make ¼ turn right stepping right foot to right side, & close left foot next to right foot, make ¼ turn right stepping right foot forward
- 5-6                     Rock forward on left foot, recover onto right foot
- 7&8                     Make ¼ turn left stepping left foot to left side, & close right foot next to left foot, make ¼ turn left stepping left foot forward

### PADDLE TURNS OVER LEFT SHOULDER, REVERSE SAILOR STEPS MOVING BACKWARDS

- 1                        Make ¼ left on ball of left foot while touching right foot to right side
- 2                        Make ¼ left on ball of left foot while touching right foot to right side
- 3                        Make ¼ left on ball of left foot while touching right foot to right side
- 4                        Make ¼ left on ball of left foot while touching right foot to right side. (now facing 12:00)
- 5&6                     Cross right foot over left foot, & step back on left foot, step right foot to right side
- 7&8                     Cross left foot over right foot, & step back on right foot, step left foot to left side

### KICK BALL CHANGE, STEP ½ TURN, KICK BALL CHANGE STEP ½ TURN

- 1&2                     Kick right foot forward, & step right foot next to left foot, step left foot next to right foot
- 3-4                     Step forward on right foot, pivot ½ turn to left
- 5&6                     Kick right foot forward, & step right foot next to left foot, step left foot next to right foot
- 7-8                     Step forward on right foot, pivot ½ turn to left

## PART B

### OUT, OUT, IN, IN, WALK, WALK, WALK, TOGETHER

- 1-2                     Step diagonally forward on right foot, step diagonally forward on left foot (out, out)
- 3-4                     Step diagonally back on right foot in place, step diagonally back on left foot in place (in, in)
- 5-6                     Walk forward on right foot, walk forward on left foot
- 7-8                     Walk forward on right foot, step left foot next to right foot

### KNEE KNOCKS, SAILOR STEP RIGHT, SAILOR STEP LEFT WITH ¼ TURN LEFT

- 1-4                     Knock knees together, and apart for 4 counts
- Right hand rolling around in circle to the right, left hand pointing diagonally forward**
- 5&6                     Step right foot behind left foot, & step left foot to left side, step right foot to right side
- 7&8                     Step left foot behind right foot making a ¼ turn left, & step right foot next to left foot, step left foot forward (now facing 9:00)

### HIP ROLLS RIGHT, HIP ROLLS LEFT, ½ PIVOT TURN LEFT, ½ TURN LEFT, TOGETHER

- 1-2                     Touch right toe forward, roll hips around to right twice (weight ends on right foot)

- 3-4 Touch left toe forward, roll hips around to left twice (weight ends on left foot)  
5-6 Step right foot forward, pivot  $\frac{1}{2}$  turn to left  
7-8 Make  $\frac{1}{2}$  left stepping back on right foot, step left foot next to right foot

**JUMP OUT, HEEL BOUNCES, RIGHT JAZZ BOX**

- &1 Step right foot to right side, step left foot to left side  
2-4 Bounce heels on floor 3 times  
5-6 Step right foot across left foot, step back on left foot  
7-8 Step right foot to right side, step forward on left foot

**OUT, OUT, IN, IN, WALK, WALK, WALK, TOGETHER**

- 1-2 Step diagonally forward on right foot, step diagonally forward on left foot (out, out)  
3-4 Step diagonally back on left foot in place, step diagonally back on right foot in place (in, in)  
5-6 Walk forward on right foot, walk forward on left foot  
7-8 Walk forward on right foot, step left foot next to right foot

**REVERSE SAILOR STEP RIGHT, REVERSE SAILOR STEP LEFT, FULL TURN RIGHT AND A  $\frac{1}{4}$ , TRAVELING TO LEFT**

**Towards original place where dance was started**

- 1&2 Step right foot across left foot, & step back on left foot, step diagonally back on right foot  
3&4 Step left foot across right foot, & step back on right foot, step diagonally back on left foot  
5-6 Step right foot across left foot, make  $\frac{1}{4}$  turn right stepping back on left foot  
7-8 Make  $\frac{1}{2}$  turn right stepping forward onto right foot, (now facing 6:00), make  $\frac{1}{2}$  turn right stepping back on left foot (now facing 12:00)

**JUMP OUT, HEEL BOUNCES, RIGHT JAZZ BOX**

- &1 Step right foot to right side, step left foot to left side  
2-4 Bounce heels on floor 3 times  
5-6 Step right foot across left foot, step back on left foot  
7-8 Step right foot to right side, step forward on left foot
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