Jazzie Joe's

COPPER KNOL

拍數: 32

牆數:0

編舞者: Ganean De La Grange (USA)

音樂: I Feel Lucky - Mary Chapin Carpenter

FOUR HEEL-TOE STRUTS

- 1 Step right heel forward
- 2 Step right toe down
- 3 Step left heel forward
- 4 Step left toe down
- 5 Step right heel forward
- 6 Step right toe down
- 7 Step left heel forward
- 8 Step left toe down

JAZZ SQUARE WITH HOLD COUNTS

- 9 Step right foot across left
- 10 Hold one count
- 11 Step left foot back behind right
- 12 Hold one count

HIP WIGGLES

Done on balls of both feet, gentle, fluid hip movements, legs bent

- 13 Step ball of right foot next to left (about 6-10 inches apart), straighten right leg as right hip moves to right side
- 14 Straighten left leg as left hip moves out to left side
- 15 Straighten right leg as right hip moves out to right side
- 16 Straighten left leg as left hip moves out to left side

DIAGONAL FORWARD STEP, SLIDE, CLAP

- 17 Step right foot a long step diagonally forward and to the right
- 18-19 Slowly drag left foot toward right foot and touch left toes next to right foot

Hands begin moving up and to the right

20 Clap hands at face level but to the right side of face

DIAGONAL BACK STEP, SLIDE, CLAP

- 21 Step left foot a long step diagonally back and to the left
- 22-23 Slowly drag right foot toward left foot and touch right toes next to left foot

Hands begin moving down across body and up to the left

24 Clap hands at face level but to the left side of face

SAILOR SHUFFLES

Hands return to the waist

- 25 Step right foot cross behind left foot
- & Step left foot to left side of right foot
- 26 Step right foot to right side
- 27 Step left foot cross behind right foot
- & Step right foot to right side of left foot
- 28 Step left foot to left side

POINT, KNEE SNAP WITH ¼ TURN, POINT, KNEE SNAP

29 Touch right toe to right side





30 Using a quick snap movement, bring right knee into left knee while pivoting ¼ turn to the left

Lower part of Right knee will be somewhat parallel to the floor

31 Touch right toe to right side

32 Using a quick snap movement, bring right knee into left knee

Lower part of Right knee will be somewhat parallel to the floor

REPEAT