

Jay Strut

拍數: 48 牆數: 4 級數:
編舞者: J Lamont
音樂: Bubba Shot the Jukebox - Mark Chesnutt



HEEL TOUCHES

- 1-2 Right heel touch out to front, right foot back in place
- 3-4 Left heel touch out to front, left foot back in place
- 5-6 Right heel touch out to front, right foot back in place
- 7-8 Left heel touch out to front, left foot back in place

HEEL SWITCH & CLAP

- 9 Touch right heel forward
- 10 Quickly switch to left heel forward
- 11 Quickly switch to right heel forward
- 12 Clap

RIGHT GRAPEVINE WITH ¼ TURN TO RIGHT

- 13-14 Step right foot to right side, step left foot behind right
- 15-16 Step right foot to right side making ¼ turn right, kick out left foot
- 17-20 Step back on left, right, left, stamp right foot beside left
- 21-22 Step left foot to left, (feet should be approx shoulder width) cross right foot over left
- 23-24 Spin ½ turn left, clap hands

HEEL TOUCHES

- 25-26 Right heel touch out to front, right foot back in place
- 27-28 Left heel touch out to front, left foot back in place
- 28-30 Right heel touch out to front, right foot back in place
- 31-32 Left heel touch out to front, left foot back in place

HEEL SWITCH & CLAP

- 33 Touch right heel forward
- 34 Quickly switch to left heel forward
- 35 Quickly switch to right heel forward
- 36 Clap

RIGHT GRAPEVINE WITH ¼ TURN TO RIGHT

- 37-38 Step right foot to right side, step left foot behind right
- 39-40 Step right foot to right side making ¼ turn right, kick out left foot
- 41-44 Step back on left, right, left, stamp right foot beside left
- 45-46 Step left foot to left, (feet should be approx shoulder width) cross right foot over left
- 47-48 Spin ½ turn left, clap hands

REPEAT
