

# Jay Mo

**COPPER KNOB**  
STEPPERS

拍數: 32      牆數: 4      級數: Improver west coast swing  
編舞者: Nikki Wyllie (USA)  
音樂: You Da Man - Jameson Clark



## **POINT, CROSS, POINT, CROSS, FORWARD ROCK STEP, COASTER WITH ¼ TURN RIGHT**

1-2      Point right foot out to side (keep weight on left foot), cross right foot forward over left  
3-4      Point left foot out to side (keep weight on right foot), cross left foot forward over right  
5-6      Rock right foot forward, recover weight on left  
7&8      Step back on right, step left next to right, ¼ turn right on right

## **POINT, CROSS, POINT, CROSS, FORWARD ROCK STEP, LEFT COASTER STEP**

1-2      Point left foot out to side (keep weight on right foot), cross left foot forward over right  
3-4      Point right foot out to side (keep weight on left foot), cross right foot forward over left  
5-6      Rock left foot forward, recover weight on right  
7&8      Step back on left, step right next to left, step forward on left

## **HIP ROLL TO THE RIGHT TWICE, RIGHT VINE**

&1-2      Touch right foot slightly forward, with weight on left roll hips to the right  
3-4      Roll hips to the right  
5-6      Step right on right, cross left behind right  
7-8      Step right on right, touch left slightly forward (set up for hip roll)

## **HIP ROLL TO THE LEFT TWICE, TRIPLE SIDE, BACKWARD ROCK STEP**

1-2      Roll hips to the left  
3-4      Roll hips to the left  
5&6      Step left on left, step right next to left, step left on left  
7-8      Rock back on right foot, recover weight on left

## **REPEAT**

### **HIP ROLL ALTERNATIVES:**

#1: push hips: forward, backward, forward, backward  
#2: rocking chair: rock forward, recover, rock backward, recover  
#3: body rolls: forward or side

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