

K & M Shimmy

拍數: 48 牆數: 4 級數: Intermediate east coast swing
編舞者: Ken Haslam (UK) & Mavis Haslam (UK)
音樂: Won't You Come Home - George Strait



RIGHT KICK BALL CROSS TWICE, SIDE DRAG (SHIMMY SHOULDERS)

1&2 Kick right forward, step on right, cross left over right
3&4 Kick right forward, step on right, cross left over right
5-8 Large step right, drag left to right (shimmy shoulders), touch & clap

LEFT KICK BALL CROSS TWICE, SIDE DRAG (SHIMMY SHOULDERS)

1&2 Kick left forward, step on left, cross right over left
3&4 Kick left forward, step on left, cross right over left
5-8 Large step left, drag right to left (shimmy shoulders), touch & clap

TOE STRUTS BACK, UNWIND ½ TURN RIGHT, TRIPLE ½ TURN RIGHT

1-2 Touch right toe back, snap heel down
3-4 Touch left toe back, snap heel down
5&6 Touch right toe back, unwind ½ turn right finishing with weight on right
7&8 Triple ½ turn right stepping - left, right, left

STEPS FORWARD RIGHT LEFT, SYNCOPATED JUMPS BACK TWICE

1-2 Step right forward, step left forward
&3 Step back right step back left next to right
&4 Step back right step left back next to right
5-6 Step right forward, step left forward
&7 Step back right step back left next to right
&8 Step back right step left back next to right

RAMBLE RIGHT & HITCH, RAMBLE LEFT & HITCH

1-3 Swivel heels right, swivel toes right, swivel heels right
4 Hitch left knee and clap
5-7 Swivel heels left, swivel toes left, swivel heels left
8 Hitch right knee and clap

RIGHT GRAPEVINE, TOUCH, LEFT GRAPEVINE WITH ¼ TURN LEFT, TOUCH

1-2 Step right to side, step left behind
3-4 Step right to side, touch left beside right
5-6 Step left to side, step right behind left
7-8 Step left to side making ¼ turn left, touch right beside left

REPEAT
