

Just Your Hat

COPPER KNOB
BY STEPHENETS

拍數: 32 牆數: 2 級數: Improver
編舞者: Carolyn Robinson (USA)
音樂: Dear Santa - Sandy Knox



There is an intro of piano music with Sandy singing, then you'll hear the drummer call 1,2,3,4 which you will substitute with 5,6,7,8 and begin the dance!

I'm dedicating this dance to my Intermediate/Advanced class: Crystal Richmond, Laurie Pruitt, Peggy Baddour and Bonnie Ball who all have discovered the "hoochie" in themselves!

RIGHT TOUCH, TOGETHER, TOUCH, CROSS

1-2 Touch right toe to right side, touch right toe beside left foot
3-4- Touch right toe to right side, cross right foot in front of left placing weight on right foot

LEFT TOUCH, TOGETHER, TOUCH CROSS

5-6 Touch left toe to left side, touch left toe beside right foot
7-8 Touch left toe to left side, cross left foot in front of right foot placing weight on left foot

STEP, CROSS, STEP, CROSS

1-2-3-4 Step right to side, cross left in front of right, step right to side, cross left in front of right

Styling: look right and angle body slightly forward and to right diagonal

SWAY BUMPS RIGHT-LEFT-RIGHT, HOLD

5 Step to the right and sway right hip right with a bump
6 Sway left hip left with a bump
7 Sway right hip right with a bump (keeping weight on right)
8 Hold

Styling: hold arms up with hands above head and snap fingers with each bump!

STEP, CROSS, STEP, CROSS

1-2-3-4 Step left foot to left side, cross right foot in front of left, step left foot to left side, cross right foot in front of left

Styling: look left and angle body slightly forward and to left diagonal

SWAY BUMPS LEFT-RIGHT-LEFT, HOLD

5 Step to the left and sway left hip left with a bump
6 Sway right hip right with a bump
7 Sway left hip left with a bump (keeping weight on left)
8 Hold

Styling: hold arms up with hands above head and snap fingers with each bump!

SWEEP RIGHT, SWEEP LEFT, SWEEP RIGHT, PIVOT ½ TURN RIGHT

1 Move right foot in small sweeping motion to right and behind left in 5th position (toe to heel) placing weight on right
2 Move left foot in sweeping motion to left and behind right in 5th position (toe to heel) placing weight on left
3 Move right foot in sweeping motion to right and behind left in 5th position (toe to heel) placing weight on right
4 Pivot ½ turn right on right foot and transferring weight to left foot (right foot will be in front of left foot (4th position))

DOWN, UP, DOWN, UP

5 (Keeping feet in 4th position & weight on left foot), bend knees - moving body down

6 Straighten legs - moving body up

7 Bend knees -moving body down

8 Straighten legs - moving body up

Optional: place left hand on top of left thigh and right hand on left hip for added styling. Also, there is a bit of pelvic thrusting when bending up and down but can be exaggerated or modified to individual taste and comfort!

REPEAT

TAG

After completion of the 3rd repetition, there is an additional 9 counts of music. You will do this tag only once! Then start the dance over!

KICK & CROSS, HOLD, UNWIND ½ TURN

1&2 Kick right foot forward, step ball of right foot slightly behind left foot and cross left foot in front of right

3 Hold

4 Unwind turning right ½ turn - weight on left foot

OUT OUT, HOLD, STEP, CROSS, UNWIND

&5 Step right foot slightly out to right side, left foot slightly out to left side

6 Hold

&7 Step right foot slightly in to right side, cross left foot in front of right

8 Unwind ½ turn right with weight on left

1 Hold for 1 count and begin the dance again!
