

Just Waltzin'

拍數: 60

牆數: 4

級數: Intermediate waltz

編舞者: Kash Bane (UK)

音樂: I Have Nothing - Whitney Houston



SWEEP, STEP, FULL SPIRAL, STEP, BASIC FORWARD, 1 ½ TURN

- 1-3 Sweep right toe from front out to right side
4-6 Step forward on right foot, full spiral on ball of right foot hooking left foot over right shin, step forward on left foot (12:00)
7-9 Step forward on right foot, step left foot next to right, step right foot in place
10-12 Step forward on left foot making a ½ turn over left shoulder, step back on right foot making a ½ turn, step forward on left foot again making a final ½ turn (6:00)

SPIRAL, ½ CROSS TURN, SPIRAL, ½ CROSS TURN

- 1-3 Cross right foot over left, rock left foot out to left side, recover onto right foot
4-6 Cross left foot over right, make a ½ turn stepping right to right side, step left to left side (12:00)
7-9 Cross right foot over left, rock left foot out to left side, recover onto right foot
10-12 Cross left foot over right, make a ½ turn stepping right to right side, step left to left side (6:00)

WEAVE, STEP SCUFF STEP, WEAVE, STEP SCUFF STEP

- 1-3 Cross right over left, step left to left side, step right behind left
4-6 Step left to left side, scuff right at left foot, step right to right side
7-9 Step left foot behind right foot, step right foot to right side, cross left foot over right
10-12 Step right to right side, scuff left foot at right, step left foot to left side

BASIC FORWARD, 1 ¼ TURN, SPIRAL, TWINKLE

- 1-3 Step forward on right, step left foot next to right, step right foot in place
4-6 Step left foot forward making a ½ turn over left shoulder, step right foot to right side making a ¼ turn, step left to left side making a final ½ turn over left shoulder (3:00)
7-9 Cross right foot over left foot, rock left foot out to left side, recover onto right foot
10-12 Cross left foot over right foot, step right foot to right side, step left foot to left side

HITCH CROSS STEP, ½ TURNING STEP WITH HITCH, BASIC FORWARD, LEFT COASTER

- 1-3 Hitch right leg and cross over left foot, hold
4-6 Swing right foot out behind body making a ½ turn over right shoulder, hitch right knee (6:00)
7-9 Step forward on right foot, step left foot next to right, step right foot in place
10-12 Step left foot back, step right foot next to left, step left foot forward

REPEAT
