

# Just This

拍數: 48      牆數: 4      級數: line/contra dance  
編舞者: Helen C (UK)  
音樂: Crazy Little Thing Called Love - Dwight Yoakam



## ROCK FORWARD AND BACKWARDS

- 1-4      Rock forward left, recover weight back on right, step left in place, hold
- 5-6      Rock back on right, recover weight forward on left
- 7-8      Step right in place, hold

## SIDE ROCKS WITH ARM SWINGS

- 1      Left side rock and swing both arms out (horizontal) to left
- 2      Recover weight on right and swing arms back to center
- 3-4      Step left in place, hold
- 5      Right side rock and swing both arms out (horizontal) to left
- 6      Recover weight on left and swing arms back to center
- 7-8      Step right in place, hold

## VINES WITH HEEL SLAPS

- 1-2      Side step left, right behind left
- 2      Side step left
- 4      Right foot behind left knee and slap right heel with left hand
- 5-6      Side step right, left behind right
- 7      Side step right
- 8      Take left foot behind right knee and slap left heel with right hand

## STEP TOGETHERS TO LEFT, ¼ TURN, HEEL DIG

- 1-2      Side step left, right next to left and clap
- 3-4      Side step left, right next to left and clap
- 5-6      Side step left with ¼ turn left, step right forward
- 7-8      Pivot ½ turn left, right heel forward and clap

## STEP BACKWARDS WITH HEEL DIGS, SLOW COASTER STEP AND HOLD

- 1-2      Step back right, touch left heel forward and clap
- 3-4      Step left back, touch right heel forward and clap
- 5-8      Step right back, step left next to right, step right forward, hold

## LEFT TOE AND HEEL DIGS WITH FINGER CLICKS AND HOLDS

- 1      Touch left toe to left side and click left fingers to left
- 2      Hitch left leg across right leg
- 3      Touch left toe to left side and click left fingers to left at same time
- 4      Hitch left leg across right leg
- 5      Touch left toe forward with bent knee and click left fingers forward
- 6-8      Hold for three counts

## REPEAT