

Just The Basics Too (P)

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 0 級數: Partner
編舞者: Rick Bates (USA) & Deborah Bates (USA)
音樂: Basic Goodbye - Neal McCoy



Position: Right Side-By-Side Position, Partners on same footwork unless noted

CROSS TOUCH, SAILOR SHUFFLES

- 1-2 Cross right foot over left and step; touch toes of left foot to the left
- 3-4 Cross left foot over right and step; touch toes of right foot to the right
- 5&6 Cross right foot behind left and step; step slightly to the side on left foot; step slightly to the side on right foot
- 7&8 Cross left foot behind right and step; step slightly to the side on right foot; step slightly to the side on left foot

HEEL SWIVELS, CROSS STEPS

- 9-10 Twist body $\frac{1}{4}$ turn to the right and swivel heels to the left; twist body $\frac{1}{2}$ turn to the left and swivel heels to the right
- 11-12 Twist body $\frac{1}{2}$ turn to the right and swivel heels to the left; twist body $\frac{1}{2}$ turn to the left and swivel heels to the right (end in Reverse Indian Position, facing ILOD)
- 13-14 Step to the right on right foot; cross left foot behind right and step
- 15-16 Step to the right on right foot; cross left foot over right and step

HIP BUMPS, HIP SWAYS

- 17-18 Step slightly to the right on right foot, and bump hips to the right twice
- 19-20 Transfer weight to left foot, and bump hips to the left twice
- 21-24 Step slightly to the right on right foot and with knees bent slightly, sway hips to the right, left, right, left (end with weight on left foot and release right hands)

STEP TURNS

- 25-26 Step forward on right foot; pivot $\frac{1}{4}$ turn to the left on ball of right foot, transfer weight to left foot (facing RLOD)
- 27-28 Step forward on right foot; pivot $\frac{1}{4}$ turn to the left on ball of right foot, transfer weight to left foot (man behind lady, facing OLOD)

MAN: WALK FORWARD LADY: FORWARD TRAVELING TURN

- 29-30 **MAN:** Step forward on right foot; step forward on left foot
LADY: Step forward on right foot and begin a full to the right traveling turn; step on left foot and continue full turn to the right
- 31-32 **MAN:** Step forward on right foot; scuff left foot next to right
LADY: Step on right foot and complete full to the right traveling turn; scuff left foot next to right

End in Indian position, facing OLOD

CROSS STEP, HIPS BUMPS, HIP SWAYS

- 33-34 Step to the left on left foot; cross right foot behind left and step
- 35-36 Step to the left on left foot; cross right foot over left and step
- 37-38 Step slightly to the left on left foot, and bump hips to the left twice
- 39-40 Transfer weight to the right foot, and bump hips to the right twice
- 41-44 Step slightly to the left on left foot and with knees bent slightly, sway hips to the left, right, left, right (end with weight on right foot and release left hands)

STEP TURNS, VINE LEFT

- 45-46 Step forward on left foot; pivot ¼ turn to the right on ball of left foot, transfer weight to right foot (facing RLOD)
- 47-48 Step forward on left foot; pivot ½ turn to the right on ball of left foot, transfer weight to right foot (end in Right Side-By-Side Position, facing LOD)
- 49-50 Step to the left on left foot; cross right foot behind left and step
- 51-52 Step to the left on left foot; scuff right foot next to left

MAN: DIAGONAL STEP-SLIDES FORWARD / LADY: DIAGONAL ROLLING TURN FORWARD

- 53-54 **MAN:** Step forward and diagonally right, slide left foot up next to right
LADY: Step forward and diagonally right on right foot and begin a full to the right traveling turn; step on left foot and continue full turn to the right
- 55-56 **MAN:** Step forward and diagonally right on right foot; scuff left foot next to the right
LADY: Step on right foot and complete full traveling turn to the right; scuff left foot next to right
- 57-58 **MAN:** Step forward and diagonally left on left foot; slide right foot up next to left
LADY: Step forward and diagonally left on left foot, begin a full turn to the left; step on right foot and continue full turn to the left
- 59-60 **MAN:** Step forward and diagonally left on left foot; scuff right foot next to left
LADY: Step on left foot and complete full to the left traveling turn; scuff right foot next to left

JAZZ SQUARE

- 61-61 Cross right foot over left and step; step back on left foot
- 63-64 Step slightly to the right on right foot; step left foot next to right

REPEAT
