

Just Rocking

COPPER KNOB
STEPPERS

拍數: 40 牆數: 0 級數:
編舞者: Michael Scoggins (USA)
音樂: Rock My World - Brooks & Dunn



STEP SLIDES

- 1 Step right to right side
- 2 Slide step left beside right
- 3 Step right to right side
- 4 Touch left beside ball of right
- 5 Step left to left side
- 6 Slide step right beside left
- 7 Step left to left side
- 8 Touch right beside ball of left

KICK BALL CHANGES, ½ PIVOTS

- 9 Kick right forward
- & Stepping back on ball of right, slightly lift left.
- 10 Step down on left
- 11&12 Repeat steps 9-10
- 13 Step forward on right
- 14 Pivot ½ turn left, shifting weight to left
- 15-20 Repeat steps 9-14

JAZZ SQUARE

- 21 Cross step right over left
- 22 Step back on left
- 23 Step right to right side
- 24 Step left slightly forward of right

TOE-HEEL ROCKING STRUTS IN PLACE

- 25 Touch right toe in place
- 26 Shifting hips right, bring heel down
- 27 Touch left toe in place
- 28 Shifting hips left, bring left heel down
- 29 Bending knees to go down, shifting hips right, step in place on right.
- 30 Bending knees to go down, shifting hips left, step in place on left.
- 31 Straightening up, shifting hips right, step right in place.
- 32 Straightening up, shifting hips right, step left in place.

¼ PIVOTS, STOMPS

- 33 Step forward on right
- 34 Pivot ¼ turn left, shifting weight to left
- 35-38 Repeat steps 33-34
- 39-40 Stomp right foot twice (no weight change)

REPEAT
