

Just One Wall

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 1 級數: Beginner line/contra dance
編舞者: Phil Alderman
音樂: Last Night (feat. DJ Robbie) - Chris Anderson



4X "SATURDAY NIGHT FEVER" HANDS WITH KNEE POPS

The following 8 counts are similar to "Saturday Night Fever", with the exception of the knee pops

- 1 Point right hand up in the air to right diagonal, pushing right knee out
- 2 Point right hand down to left diagonal, pushing right knee in
- 3-8 Repeat above counts (1-2) 3 more times

4X HIPS THRUSTS

- 1 Push your bottom back with your hands pushing forward
- 2 Push your hips forward with your hands pulling back down to your sides
- 3-8 Repeat above counts (1-2) 3 more times

GRAPEVINE RIGHT, ROLLING GRAPEVINE LEFT WITH CLAPS (OR NORMAL GRAPEVINE LEFT)

- 1-2 Step right to right side, cross step left behind right
- 3-4 Step right to right side, touch left beside right clapping hands
- 5-8 Rolling vine left stepping: left, right, left, touch right beside left clapping hands

Option: you can complete a normal vine to left on counts 5-8

2X MONTEREY TURNS

- 1 Point right toe to right side
- 2 On ball of left, turn ½ turn right stepping right beside left
- 3-4 Point left toe to left side, step left beside right
- 5-8 Repeat above counts (1-4)

REPEAT
