Just One...Please!

拍數: 48

級數: Improver

編舞者: Lesley Clark (SCO)

音樂: One Dance with You - Vince Gill

KICK FRONT, SIDE, SAILOR STEP, KICK FRONT, SIDE, SAILOR ¼ TURN

- 1-2 Kick right forward, kick right to side
- 3&4 Step right behind left, step left to side, step right to side
- 5-6 Kick left forward, kick left to side

Begin to sweep left foot side to back

7&8 Turn ¼ left and step left behind right, step right to side, step left to side

ROCKING CHAIR, SHUFFLE FORWARD, ROCK, RECOVER

- 1-2 Rock right forward, recover to left
- 3-4 Rock right back, recover to left
- 5&6 Step right forward, step left next to right, step right forward
- 7-8 Rock left forward, recover to right

1/4 TURN SIDE SHUFFLE, ROCK, RECOVER, SIDE SHUFFLE, ROCK RECOVER

- Turn ¼ turn left and step left to side, step right next to left, step left to side 1&2
- 3-4 Rock right forward, recover to left
- 5&6 Step right to side, step left next to right, step right to side
- 7-8 Rock left forward, recover on right

SIDE SHUFFLE, CROSS, SIDE, BEHIND, ¼ TURN, STEP PIVOT

- 1&2 Step left to side, step right next to left, step left to side
- 3-4 Cross right over left, step left to side
- 5-6 Step right behind left, turn 1/4 left and step left forward
- 7-8 Step right forward, turn 1/2 left (weight to left)

SHUFFLE FORWARD, ROCK, RECOVER, SHUFFLE BACK, ROCK, RECOVER

- 1&2 Step right forward, step left next to right, step right forward
- 3-4 Rock left forward, recover to right
- 5&6 Step left back, step right next to left, step left back
- 7-8 Rock right back, recover to left

STEP, PIVOT, STEP PIVOT, JAZZ BOX

- 1-2 Step right forward, turn $\frac{1}{2}$ left (weight to left)
- 3-4 Step right forward, turn 1/2 left (weight to left)
- 5-6 Cross right over left, step left back
- 7-8 Step right side, step left next to right

REPEAT





牆數:4