

# Just One Moment

COPPER KNOB  
BY STEPHEN

拍數: 32      牆數: 2      級數: Intermediate nightclub  
編舞者: Juliet Hauser (USA)  
音樂: Now and Forever - Carole King



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## RIGHT BASIC, LEFT STEP INTO ¼ TURN LEFT, RIGHT SIDE, LEFT CROSS, RIGHT SIDE, SWAY LEFT-RIGHT, LEFT SIDE, RIGHT CROSS

- 1                    Right large step side right
- 2&3                Left step ball of foot behind right, recover weight to right, left step into ¼ turn left
- 4&5                Right step to right side, slightly back, left step across right, right step to right side
- 6-7                Left step to left side swaying hips left, sway hips right
- 8&                 Left step to left side, slightly back, right step across left

## LEFT BASIC, RIGHT STEP INTO ¼ TURN RIGHT, full turn SYNCOPATED RIGHT TURNING TRIPLE, RIGHT FORWARD ROCK, RECOVER, RIGHT BACK LOCKING TRIPLE

- 1                    Left large step side left
- 2&3                Right step ball of foot behind left, recover weight to left, right step into ¼ turn right
- 4&5                Pivot ½ right and step left foot back, pivot ½ right and step right foot forward, step left forward
- 6-7                Rock weight forward onto right, return weight to left
- 8&1                Right step backward, left step back locking across right, step right back

## LEFT TRIPLE STEP TURNING ½ TURN LEFT, RIGHT PRESS FORWARD, RIGHT KICK, RIGHT COASTER STEP, LEFT STEP FORWARD, PIVOT ½ TURN RIGHT

- 2&3                Pivot ½ left on ball of right foot stepping left foot forward, right step next to left, step left forward
- 4-5                Right press ball of foot forward in a slight lunge, right low kick forward
- 6&7                Right step ball of foot back, left step ball of foot next to right, step right forward
- 8-1                Step left forward, pivot ½ turn right transferring weight to right

## WALK FORWARD LEFT-RIGHT, LEFT FORWARD TRIPLE, RIGHT STEP FORWARD, PIVOT ½ TURN LEFT, RIGHT SIDE, LEFT CROSS

- 2-3                Step left forward, step right forward
- 4&5                Step left forward, right step next to left, step left forward
- 6-7                Step right forward, pivot ½ turn left transferring weight to left
- 8&                 Right step to right side, slightly back, left step across right

**REPEAT**

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