

Just Once

拍數: 48 牆數: 4 級數: Improver
編舞者: Peggi Sue Wood (USA)
音樂: Just Once - David Lee Murphy



RIGHT/LEFT CROSS WIGGLE WALKS, HOLD, ½ LEFT TURN

- 1 Weight on toes moving forward - cross wiggle walk right over left
- 2 Weight on toes moving forward - cross wiggle walk left over right
- 3-4 Repeat steps 1-2
- 5-6 Tap right toes to right side, hold
- 7-8 Step right foot forward, pivot ½ turn left on left foot (facing back wall)

RIGHT/LEFT CROSS WIGGLE WALKS, ¼, ½ LEFT TURNS

- 1 Weight on toes moving forward, cross wiggle walk right over left
- 2 Weight on toes moving forward - cross wiggle walk left over right
- 3-4 Repeat steps 1-2
- 5-6 Step right foot forward, step turn ¼ left on ot
- 7-8 Step right foot forward, step turn ½ left on left foot (facing left side wall)

RIGHT/LEFT SIDE STRUTS, HOP ROCK STEPS

- 1-2 Tap right toes moving right, step down on right heel
- 3-4 Cross tap: left toes over right foot, step down on left heel
- 5-6 Tap right toes moving right, step down on right heel
- 7-8 Hop rock back on left foot, rock on right foot in place

2 ½ RIGHT TURNS, LEFT HEEL & TOE TAPS, LEFT STOMPS

- 1-2 Step left foot forward, pivot ½ turn right on right foot
- 3-4 Repeat steps 1 - 2
- 5-8 Tap left heel forward. Tap left toes back, tap left heel forward, stomp left (still facing left side wall)

RIGHT SWIVELS, CLAP, LEFT SWIVELS CLAP

- 1-4 Swivel heels right, toes right, heels right, clap
- 5-8 Swivel heels left toes left, heels left, clap

JAZZ BOX WITH 2 ¼ LEFT TURNS, RIGHT BRUSH

- 1-2 Cross step right over left foot, step turn ¼ left on left foot
- 3-4 Step right foot forward, brush left foot forward
- 5-6 Cross step left over right foot, step right foot back
- 7-8 Step turn ¼ left on left foot, brush right foot forward. (right side wall)

REPEAT
