

Just Like Old Times

COPPER KNOB
BY STEPHEN MILES

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Rosalie Mackay (AUS)
音樂: Just Like Old Times - Heather Myles



VINE LEFT, CROSS, ROCK, HALF-TURN CHA-CHA-CHA

1-2-3-4 Cross right over left, step left to side, step right behind left, step left to side
5-6-7&8 Cross right over left, replace weight on left in place, turning ½ right step right-left-right

CROSS, ROCK, CHA-CHA-CHA, CROSS, SIDE, ROCK BACK & FORWARD

1-2-3&4 Cross left over right, replace weight on right, step left, right, left in place
5-6-7-8 Cross right over left, step left to side, rock/step right behind left, replace weight on left

HALF-TURN, STEP, CROSS SHUFFLE, TURN & SHUFFLE DIAGONALLY FORWARD(2)

1-2-3&4 Step right to side, turning ½ left step left to side, hitch right knee & cross-shuffle right-left-right
5&6-7&8 Turning ¼ right & hitching left knee shuffle forward left-right-left towards right diagonal, hitch right knee & shuffle forward right-left-right towards left diagonal

ROCK FORWARD, BACK, HALF-TURN, HOLD, QUARTER PIVOT, BEHIND & CROSS

1-2-3-4 Rock/step forward on left, replace weight on right turning ½ left step left forward, hold
5-6-7&8 Step right forward, pivot ¼ left (weight on left), step right behind left, step left to side, step right across left

SIDE & CROSS, SIDE, BEHIND, & QUARTER/ROCK, THREE-QUARTER TURN

1&2-3-4 Step left to side, step right slightly back, step left across right, step right to side, step left behind right
&5-6-7&8 Turning ¼ right step quickly on right, rock/step forward on left, replace weight on right, turning ¾ left step left-right-left

TWO SAMBAS, CROSS, HOLD, DIAGONAL FORWARD, TOUCH

1&2-3&4 (Traveling forward) cross right over left, step left to side, step right forward, cross left over right, step right to side, step left forward
5-6-7-8 Cross right over left, hold, step left diagonally forward left, touch right beside left

DIAGONAL BACK, TOGETHER, DIAGONAL BACK, TAP, TWO DIAGONAL SHUFFLES BACK

1-2-3-4 Step right diagonally back right, step left together, step right diagonally back right, touch left beside right
5&6-7&8 (Using hips) shuffle diagonally back left left-right-left, shuffle diagonally back right right-left-right

ROCK BACK, FORWARD, PIVOT HALF-TURN, ROCK FORWARD, BACK HALF-TURN, HALF-TURN BALL-CHANGE

1-2-3-4 Rock/step back on left, replace weight on right, step left forward, pivot ½ right
5-6-7&8 Rock/step forward on left, replace weight on right, turn ½ left & step left forward, turning a further ½, left step on ball of right, step left slightly back

REPEAT

FINSIH

After the diagonal back-shuffles: rock/step left back, step right forward, turning a full turn right stepping left-right-left