

Just Like Dynamite

COPPER KNOB
STEPPERS

拍數: 0 牆數: 4 級數: Intermediate
編舞者: Kathy Hunyadi (USA)
音樂: Just Like Dynamite - Roomful of Blues



Sequence: Just keep repeating AAB!

PART A

KICK, KICK, TAP, STEP, SHUFFLE BACK, ROCK STEP

- 1-2 Kick right foot forward and across left, kick right foot out to right side
3-4 Tap right toe behind left heel, step back on right
5&6 Shuffle back - left, right, left
7-8 Rock back on right foot, recover weight to left

SHUFFLE RIGHT, ROCK STEP, SHUFFLE LEFT WITH ¼ TURN RIGHT, ROCK STEP

- 1&2 Shuffle to right side - right, left, right
3-4 Rock back on left, recover weight to right
5&6 Shuffle left, right, left while turning ¼ to right
7-8 Rock back on right, recover weight to left

TOE HEEL STRUT, TOE STEP WITH SHOULDER 'ROCKS'

- 1-4 Step right toe to side, flatten right heel; step left toe forward and across right foot, flatten left heel
5-8 Step right toe to side and lean forward pushing right shoulder forward, recover back on left, lean forward on right pushing right shoulder forward, recover back to left

RIGHT SAILOR, LEFT SAILOR WITH ¼ TURN LEFT, LEFT ½ TURN, LEFT ¼ TURN

- 1&2 Step right behind left, step left to side, step right to side
3&4 Step left behind right & turn ¼ to left, step right to side, step left to side
5-6 Step forward on right, turn ½ left, step left in place
7-8 Step forward on right, turn ¼ left, step left in place

PART B

SHORTY GEORGE TWICE (KICK & WALK)

- 1&2 Right low kick side right, right step beside left, left small step forward bending knees left
3-4 Right small step forward bending knees right, left small step forward bending knees left
5&6 Right low kick side right, right step beside left, left small step forward bending knees left
7-8 Right small step forward bending knees right, left small step forward bending knees left

TOE TOUCH RIGHT WITH ¼ TURN RIGHT, TOE TOUCH LEFT, ½ MONTEREY RIGHT

- 1-4 Touch right toe to side, step right beside left while turning ¼ to right; touch left toe to left, step left beside right
5-8 Touch right toe to side, turn ½ to right (pivoting on left foot), step right foot next to left, touch left toes to side, step left next to right

TOE-HEEL CROSS INTO TRAVELING CROSS HEEL GRINDS

- 1-2 Touch right toe in to left instep, touch right heel out to right side
3-4 Place right heel forward & across left foot with weight (your body will have to turn to the left slightly to do this. Right toe will point slightly to the left), step left to left side & point right toe to right side

The toe fan will occur naturally as you step to the side with your left foot

- 5-8 Repeat counts 3-4 heel cross, grind (end with weight on left)

RIGHT SHUFFLE, LEFT SHUFFLE, ¼ TURN LEFT, ¼ TURN LEFT

1-4 Shuffle back (very slightly-almost in place) - right, left, right - left, right, left

5-8 Step forward on right, turn ¼ left, step left in place; step forward on right, turn ¼ to left, step left in place

For style, rotate the hips to the left with turns and snap fingers on counts 6 & 8 (thanks Mark!)
