

# Just Lay Around

**COPPER KNOB**  
STEPSHEETS

拍數: 40      牆數: 2      級數: Intermediate  
編舞者: Beverly D'Angelo (USA)  
音樂: Lay Around and Love On You - Delbert McClinton



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## FORWARD WALK, RIGHT AND LEFT SAILOR SHUFFLES, RIGHT STEP, ½ PIVOT TURN

1-2      Walk forward right, walk forward left  
3&4      Right sailor shuffle (right foot behind left, step left to left, step right)  
5-6      Left sailor shuffle (left foot behind right, step right to right, step left)  
7&8      Step forward right, ½ turn left shift weight to left

## FORWARD TOE POINTS, RIGHT SCUFF HITCH CROSS UNWIND, BOUNCE BOUNCE

1-2-3-4      Point right toe forward, return right foot next to left, point left toe forward, return left foot next to right  
5&6      Scuff right foot forward, hitch right foot, cross right foot behind left  
7-8      Unwind ½ to right with two bounces transferring weight to the left foot

## FORWARD WALK, RIGHT AND LEFT SAILOR SHUFFLES, RIGHT STEP, ½ PIVOT TURN

1-2      Walk forward right, walk forward left  
3&4      Right sailor shuffle (right foot behind left, step left to left, step right)  
5&6      Left sailor shuffle (left foot behind right, step right to right, step left)  
7-8      Step forward right, ½ turn left shift weight to left

## STEP, CROSS, HOLD, STEP CROSS, HOLD, SWAYS

&1-2      Step right foot to right, cross left foot in front of right, hold/snap right fingers  
&3-4      Step right foot to right, cross left foot in front of right, hold/snap right fingers  
5-6-7-8      Step right swaying hips forward, back, forward, back

## 2 RIGHT KICK BALL CHANGES, SIDE TOE POINTS, HOLD/SNAP

1&2      Right kick ball change (kick right forward, step right next to left, step left next to right)  
3&4      Right kick ball change (kick right forward, step right next to left, step left next to right)  
5&6&      Point right toe to right side, step right next to left, point left toe to left side, step left next to right  
7-8      Point right toe to right side, hold/snap right fingers

## REPEAT

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