Just Killing Time



拍數: 32 牆數: 4 級數: Intermediate cha cha

編舞者: Heather Frye (CAN)

音樂: We Went As Far As We Felt Like Going - The Pussycat Dolls



RIGHT VINE, LEFT CROSS SHUFFLE, STEP SIDE RIGHT, CROSS STEP LEFT BEHIND, RIGHT MAMBO AND CROSS

1-2-3 Step side right, cross step left behind right, step side right

4&5 Cross step left in front of right (angle body slightly), step side right, cross left in front of right

6-7 Step side right, cross step left behind right

8&1 Rock side right, recover weight onto left foot, cross step right in front of left

STEP SIDE LEFT, CROSS STEP RIGHT OVER LEFT, SYNCOPATED WEAVE, ROCK FORWARD RIGHT, RECOVER LEFT, RIGHT COASTER STEP

2-3 Step side left, cross step right in front of left

4&5 Step side left, cross step right behind left, step side left

Rock forward onto right foot, recover weight back onto left foot Step right back, close left to right, step forward onto right

HOLD, TRAVELING FORWARD RIGHT BALL STEP, HOLD, BALL SKATE FORWARD LEFT, RIGHT, LEFT TRIPLE STEP FORWARD

2&3 Hold, rock back quickly onto ball of left foot, step forward onto right, hold 4&5 Hold, rock back quickly onto ball of left foot, skate step forward onto right

6-7 Skate steps forward left, right 8&1 Triple step forward left, right, left

STEP FORWARD RIGHT, TURN ½ LEFT, SYNCOPATED JAZZ BOX, KICK RIGHT FORWARD, STEP FORWARD RIGHT, SHUFFLE FORWARD, RIGHT, LEFT

2-3 Step forward right, turn ½ turn left

4&5 Cross step right over left, step straight back onto left, step side right

6-7-8 Step forward onto left, kick right forward, hitch right knee and pivot 1/4 turn left on left foot

REPEAT